

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



<p>5</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Hash Browns, Sunny Side Up Eggs</p> <p><u>LUNCH</u> Grilled Honey Mustard Chicken, Mixed Vegetables</p> <p><u>DINNER</u> Baked Rigatoni, Garlic Bread, Chef Salad, Lemon Pudding</p>	<p>6</p> <p><u>BREAKFAST</u> Hot and Cold Cereals/Scrambled Eggs, Sausage, Toast</p> <p><u>LUNCH</u> Pork Chop Dijon Mashed Yams, Sautéed Vegetables</p> <p><u>DINNER</u> Chicken Cheese Soup, Dinner Roll Jello</p>	<p>7</p> <p><u>BREAKFAST</u> Hot & Cold Cereals/Texas French Toast, Bacon</p> <p><u>LUNCH</u> Lemon Pepper Chicken, Mashed Potato/Gravy Honey Glazed Carrots</p> <p><u>DINNER</u> Ham & Cheese Sandwich Hawaiian Coleslaw</p>	<p>8</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Cheesy Hash brown egg bites</p> <p><u>LUNCH</u> Roasted Garlic Pork Loin, Sautéed Vegetable</p> <p><u>DINNER</u> Baked Beans with Shredded Pork Corn bread</p>	<p>9</p> <p><u>BREAKFAST</u> Hot & Cold Cereals, Chinese Egg Custard Tarts</p> <p><u>LUNCH</u> Southwest Beef Stew, Biscuits</p> <p><u>DINNER</u> Chicken Sandwich, French Fries</p>	<p>10</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Manly Cheeseburger Quiche</p> <p><u>LUNCH</u> Breaded Pork Chop, Roasted Potato, Vegetable Medley</p> <p><u>DINNER</u> Mac & Cheese Casserole, Green Peas</p>	<p>11</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Ooh La La Quesadilla</p> <p><u>LUNCH</u> Braised Beef over Egg Noodles, French roll</p> <p><u>DINNER</u> Turkey Sandwich, Potato Salad</p>
<p>12</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Potato Chorizo and Egg Tortas</p> <p><u>LUNCH</u> Sweet & Sour Chicken, Steamed Rice, Vegetable Stir Fry</p> <p><u>DINNER</u> Grilled Ham & Cheese, Potato Rounds</p>	<p>13</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Eggs, Corned Beef Hash, Toast</p> <p><u>LUNCH</u> Scalloped Potato with Ham Vegetable Medley</p> <p><u>DINNER</u> Seafood Salad Dinner Saltine crackers</p>	<p>14</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Hash Browns Scrambled Eggs</p> <p><u>LUNCH</u> County Ranch Chicken, Roasted Potato, Fresh Coleslaw, Pear Slices</p> <p><u>DINNER</u> Taco Casserole, Carrot Salad</p>	<p>15</p> <p><u>BREAKFAST</u> Hot & Cold Cereals, French Toast, Bacon</p> <p><u>LUNCH</u> Beef Tips with Mushroom Gravy Buttered Egg Noodles Normandy Vegetable</p> <p><u>DINNER</u> Ham Cheese Sandwich, Fries</p>	<p>16</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Bacon & Egg Fried Rice</p> <p><u>LUNCH</u> Beef & Vegetable Sauce, White Rice</p> <p><u>DINNER</u> Chicken Taco Soup, Garlic Bread</p>	<p>17</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Smokey Tater Hash</p> <p><u>LUNCH</u> Stuffed Peppers, Fresh Coleslaw</p> <p><u>DINNER</u> Corn Chowder, Grilled Cheese</p>	<p>18</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Cheese & Herb Quiche</p> <p><u>LUNCH</u> Smoked Chicken & Fig Salad, Carrot. Quinoa & Spinach Soup, Saltine Crackers, Lemon Pudding</p> <p><u>DINNER</u> Creamy Tomato Tortellini Soup w/ Spinach, Cheese Grilled Sandwich, Apple and Blackberry Charlotte</p>
<p>19</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Veggie Breakfast Tacos, Crispy Bacon, Banana Slices</p> <p><u>LUNCH</u> Chicken Quesadilla w/ Creamy Cilantro Sauce, Chopped Mexican Salad w/ Cilantro & Lime Dressing, Double Chocolate Chip Muffin</p> <p><u>DINNER</u> Creamy Corn & Pea Pasta Salad, Loaded Mexican Egg & Cheese Melt, Vanilla Pudding</p>	<p>20</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Savory French Toast</p> <p><u>LUNCH</u> Chicken Breast with wine Sauce and Buttered Mushroom, Curried Rice, Garlic Mushroom</p> <p><u>DINNER</u> Baked Ziti, Caesar Salad</p>	<p>21</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Biscuits & Gravy Sausage</p> <p><u>LUNCH</u> Salisbury Steak with Gravy, Vegetable Blend</p> <p><u>DINNER</u> Cheese Quesadilla, Refried Beans, Sour Cream Winter Begins</p>	<p>22</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Gordon's Eggs Benedict, Crispy Bacon, Cottage Cheese</p> <p><u>LUNCH</u> Spaghetti A la Carbonara, Chicken Waldorf Salad, Pumpkin Pie</p> <p><u>DINNER</u> Garlic Mushroom, Chicken Thighs, Crispy Garlic Baked, Potato Wedges, Peach Muffins</p>	<p>23</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Easy Egg Muffins, Sausages, Yogurt w/ Banana Slices</p> <p><u>LUNCH</u> Prosciutto-Wrapped Pork Loin with Apple and Rice Stuffing</p> <p><u>DINNER</u> Italian Meatball Soup, Reuben Sandwich, Vanilla Pudding</p>	<p>24</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Blueberry Pancakes Scrambled Eggs, Stewed Prunes</p> <p><u>LUNCH</u> Ground Beef & Cheese Pasta, Avocado Tuna Salad, Pear & Blackberry' Crumble</p> <p><u>DINNER</u> Beef Stew, Saltine Crackers, Cinnamon-Stewed Apple</p>	<p>25</p> <p><u>BREAKFAST</u> Cinnamon Toast, Eggs w/ Crispy Bacon, Grapes</p> <p><u>CHRISTMAS LUNCH</u> Sausage Rolls, Maple Glazed Ham, Roasted Garlic Mashed Potatoes, Warm Apple Pie</p> <p><u>DINNER</u> Garlic Parmesan Zoodles, Cranberry Salad, Ornament Sugar Cookies Christmas</p>
<p>26</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Pear and Blueberry Oatmeal, Scrambled Eggs, Crispy Bacon</p> <p><u>LUNCH</u> Mexican Rice, Casserole, Grilled Chicken Parmesan, ice Cream</p> <p><u>DINNER</u> Slow Cooker Potato Soup, Tuna Melt Sandwich, Chocolate Mousse Kwanzaa Begins</p>	<p>27</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Potato & Spring Onion Breakfast, Pancakes, Scrambled Eggs w/ Bacon</p> <p><u>LUNCH</u> Garlic Herb Chicken & Sweet Potato, Curried Cauliflow, Blueberry & Zucchini Cake</p> <p><u>DINNER</u> Simple Bolognese, Tomato & Cucumber Salad, Lemon Pudding</p>	<p>28</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Easy Banana Muffins, Sausages, Stewed Prunes</p> <p><u>LUNCH</u> Beef Shepherd's Pie, Dairy-Free Creamed Com, Strawberry Cream Cheese Cobbler</p> <p><u>DINNER</u> Maple Roasted Squash Salad, Baked Ham & Cheese Sandwich, Strawberry Coffee Cake</p>	<p>29</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Gordon's Eggs Benedict, Crispy Bacon</p> <p><u>LUNCH</u> Pork BBQ, Steamed White Rice, Sugar Free Leche Flan</p> <p><u>DINNER</u> Shredded Chicken Arroz Caldo, Dinner Rolls, Maja Blanca</p>	<p>30</p> <p><u>BREAKFAST</u> Hot & Cold Cereal, Gordon's Eggs Benedict, Crispy Bacon, Cottage Cheese</p> <p><u>LUNCH</u> Spaghetti A la Carbonara, Chicken Waldorf Salad, Pumpkin Pie</p> <p><u>DINNER</u> Caldo de Pollo, Bolillo, Arroz con Leche</p>	<p>31</p> <p><u>BREAKFAST</u> Apple Cinnamon Oatmeal, Toast, Eggs, Corned Beef Hash</p> <p><u>NEW YEAR'S EVE LUNCH</u> Citrus Salad, Pork Rib Roast, Candied Yams, Cinnamon Roll Apple Pie</p> <p><u>DINNER</u> Coconut Curry Lentil Soup, Zucchini Rollatini, Spanish Bread, Warm Apple Cider</p> <p>New Year's Eve</p>	