

Sunday

Monday

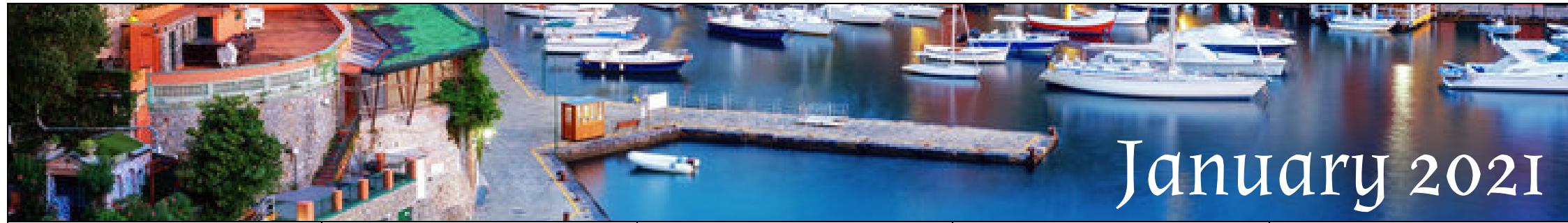
Tuesday

Wednesday

Thursday

Friday

Saturday



January 2021

BREAKFAST 3
Hot & Cold Cereal, English Egg Muffin, Hash Browns
LUNCH
Cheesy Potato Casserole
Greek Cucumber Salad
DINNER
Bacon & Mushroom Toast
Cheesy Potato Soup

BREAKFAST 4
Hot & Cold Cereal, Sausage Over Easy Eggs, Toast
LUNCH
Hearty Goulash
Garlic Bread
DINNER
Waldorf Chicken Sandwich
Baked Potato Chips

BREAKFAST 5
Hot & Cold Cereal, Quiche with Leeks
Fresh Fruits, Cottage Cheese
LUNCH
Lemony Herb Couscous
Grilled Chicken Thighs
DINNER
Escarole & White Bean Soup
Homemade Biscuit

BREAKFAST 6
Hot & Cold Cereal, Blueberry Pancakes
Crispy Bacon
LUNCH
Ginger Glazed Pork
Squash and Orzo Salad
DINNER
Cold Turkey Sandwich
Potato Salad

BREAKFAST 7
Hot & Cold Cereal, Scrambled Eggs
Corned Beef Hash
LUNCH
Tomato Bacon Pasta
Caesar Salad, Garlic Breadsticks
DINNER
Tortilla Soup
Spanish Grilled Cheese Sandwich with Jamon Serrano

BREAKFAST 8
Hot & Cold Cereal, Coffee Cake
Stewed Sliced Peaches
LUNCH
English Shepherd's Pie
Strawberry Spinach Salad
DINNER
Tomato Basil Grilled Cheese
French Fries

BREAKFAST 9
Hot & Cold Cereal, Eggs, Toast
Pork Link Sausage
LUNCH
Mexican Cheese Enchiladas
Tomato/Cucumber Salad
Spanish Rice
DINNER
Meatball Soup with Orzo
French Dinner Roll

BREAKFAST 10
Hot & Cold Cereal, Apple French Toast, Fresh Seasonal Fruit
LUNCH
American Cheeseburger
Seasoned Fries, Dill Pickles
DINNER
Roasted Eggplant & Olive Pasta
Strawberry Spinach Salad

BREAKFAST 11
Hot & Cold Cereal, Crispy Bacon Biscuits & Gravy
LUNCH
BBQ Style Chicken
Macaroni Salad
Cucumber Salad
DINNER
Chickpea Chicken Pasta Soup
Saltine Crackers

BREAKFAST 12
Hot & Cold Cereal, Cheese Omelette
Hash Browns, Toast
LUNCH
Sloppy Joe
Cole Slaw
DINNER
Scalloped Potato Ham Casserole
Garlic Green Beans

BREAKFAST 13
Hot & Cold Cereal, Chocolate Chip Pancakes
Fresh Seasonal Fruit
LUNCH
Roasted Turkey
Mashed Potatoes, Vegetable Medley
DINNER
Italian Sausage Spaghetti
Caesar Salad, Garlic Bread

BREAKFAST 14
Hot & Cold Cereal, Sausage Over Easy Eggs, Toast
LUNCH
BLT Wrap/Sandwich
Tomato Soup
DINNER
Taco Casserole
Tomato & Cucumber Salad

BREAKFAST 15
Hot & Cold Cereal, Morning Danish
Yogurt, Fresh Seasonal Fruit
LUNCH
Lemongrass Cheese Ravioli
Tomato Peach Salad
DINNER
Chef's Grilled Chicken Salad
French Roll

BREAKFAST 16
Hot & Cold Cereal, Scrambled Eggs
Corn Beef Hash
LUNCH
Bacon Potato Soup
House Biscuit
DINNER
Classic Minestrone Soup
Grilled Tuna Sandwich

BREAKFAST 17
Hot & Cold Cereal, Biscuits & Gravy
Crispy Bacon
LUNCH
Chicken Cordon Bleu
Vegetable Medley
DINNER
Cauliflower Rice Kale Soup
Pesto Sandwich

BREAKFAST 18
Hot & Cold Cereal, Scrambled Eggs
Sausage, Toast
LUNCH
Braised Beef Stew
Homemade Biscuits
DINNER
Salad Trio (Chicken, Tuna, Pasta)
House Dinner Roll
Martin Luther King Day

BREAKFAST 19
Hot & Cold Cereal, Blueberry Pancakes
Sausage Links
LUNCH
Turkey Club Sandwich
Guacamole Salad
DINNER
Sweet Potato Chili
Vegetarian Quesadilla

BREAKFAST 20
Hot & Cold Cereal, French Toast
Fresh Seasonal Fruit
LUNCH
Creamy Garlic Chicken
Saffron Rice, Vegetable Stir Fry
DINNER
Stuffed Cheese Manicotti
Grilled Zucchini, Garlic Bread

BREAKFAST 21
Hot & Cold Cereal, Scrambled Eggs
Crispy Bacon Toast
LUNCH
Braised Beef Over Egg Noodles
French Roll
DINNER
Baked Ziti
Caesar Salad

BREAKFAST 22
Hot & Cold Cereal, Coffee Cake
Fresh Seasonal Fruit
LUNCH
Zuppa Toscana Soup
Stromboli
DINNER
Quinoa Salad with Roasted Sweet Potatoes
Cajun Sandwich

BREAKFAST 23
Hot & Cold Cereal, Chorizo with Eggs
Toast
LUNCH
BBQ Pork Bowl with Greens and Carrots
Turmeric Rice
DINNER
Pumpkin Soup
Bacon & Tomato Grilled Sandwich

BREAKFAST 24
Hot & Cold Cereal, Egg in a Blanket, Corned Beef Hash
LUNCH
Pineapple Ham
Scalloped Potato, Vegetable Medley
DINNER
Baked Rigatoni
Garlic Bread, Chef Salad

BREAKFAST 25
Hot & Cold Cereal, Sausage French Toast
LUNCH
Gousse D'Ail
Cheese Broccoli Soup, Caesar Salad
DINNER
New York Hot Dog
Seasoned Fries
Caramelized Onions

BREAKFAST 26
Hot & Cold Cereal, Scrambled Eggs
Hash Browns, Toast
LUNCH
Stuffed Peppers
Fresh Coleslaw
DINNER
Corn Chowder
Grilled Cheese Sandwich

BREAKFAST 27
Hot & Cold Cereal, Biscuits & Gravy
Crispy Bacon
LUNCH
Savory Bombay Toast
Tomato Soup
DINNER
Ham Sandwich
Tater Tots
Panzanella Salad

BREAKFAST 28
Hot & Cold Cereal, House Pancakes
Crispy Bacon
LUNCH
Asian Grilled Chicken
Steamed White Rice
Asian Stir Fry
DINNER
Ground Turkey Enchiladas
Stir Fry Vegetables and Couscous

BREAKFAST 29
Hot & Cold Cereal, Vegetable Omelette
Pork Link Sausage, Toast
LUNCH
Mexican Beef Tamale
Cucumber Salad, Spanish Rice
DINNER
Hearty Chicken Noodle Soup
French Dinner Roll

BREAKFAST 30
Hot & Cold Cereal, Blueberry Muffin
Seasonal Fruit, Cottage Cheese
LUNCH
Turkey and Gravy, Baked Sweet Potato,
Cranberry Relish
DINNER
Banh Mi Sandwich
Classic Niçoise Salad

BREAKFAST 31
Hot & Cold Cereal, English Egg Muffin, Hash Browns
LUNCH
Cheesy Potato Casserole
Greek Cucumber Salad
DINNER
Bacon & Mushroom Toast
Cheesy Potato Soup

