


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	BREAKFAST 1 Hot & Cold Cereal, Sausage Over Easy Eggs, Toast LUNCH Hearty Goulash Garlic Bread DINNER Waldorf Chicken Sandwich Baked Potato Chips	BREAKFAST 2 Hot & Cold Cereal, Quiche with Leeks Fresh Fruits, Cottage Cheese LUNCH Lemony Herb Couscous Grilled Chicken Thighs DINNER Escarole & White Bean Soup Homemade Biscuit Groundhog Day	BREAKFAST 3 Hot & Cold Cereal, Blueberry Pancakes Crispy Bacon LUNCH Ginger Glazed Pork Squash and Orzo Salad DINNER Cold Turkey Sandwich Potato Salad	BREAKFAST 4 Hot & Cold Cereal, Scrambled Eggs Corned Beef Hash LUNCH Tomato Bacon Pasta Caesar Salad, Garlic Breadsticks DINNER Tortilla Soup Spanish Grilled Cheese Sandwich with Jamon Serrano	BREAKFAST 5 Hot & Cold Cereal, Vegetable Omelette, Pork Link Sausage, Toast LUNCH Mexican Beef Tamale Cucumber Salad, Spanish Rice DINNER Hearty Chicken Noodle Soup French Dinner Roll	BREAKFAST 6 Hot & Cold Cereal, Blueberry Muffin Seasonal Fruit, Cottage Cheese LUNCH Turkey and Gravy, Baked Sweet Potato, Cranberry Relish DINNER Banh Mi Sandwich Classic Niçoise Salad
BREAKFAST 7 Hot & Cold Cereal, English Egg Muffin, Hash Browns LUNCH Cheesy Potato Casserole Greek Cucumber Salad DINNER Bacon & Mushroom Toast Cheesy Potato Soup	BREAKFAST 8 Hot & Cold Cereal, Crispy Bacon Biscuits & Gravy LUNCH BBQ Style Chicken Macaroni Salad Cucumber Salad DINNER Chickpea Chicken Pasta Soup Saltine Crackers	BREAKFAST 9 Hot & Cold Cereal, Cheese Omelette Hash Browns, Toast LUNCH Sloppy Joe Cole Slaw DINNER Scalloped Potato Ham Casserole Garlic Green Beans	BREAKFAST 10 Hot & Cold Cereal, Chocolate Chip Pancakes Fresh Seasonal Fruit LUNCH Roasted Turkey Mashed Potatoes, Vegetable Medley DINNER Italian Sausage Spaghetti Caesar Salad, Garlic Bread	BREAKFAST 11 Hot & Cold Cereal, Sausage Over Easy Eggs, Toast LUNCH BLT Wrap/Sandwich Tomato Soup DINNER Taco Casserole Tomato & Cucumber Salad	BREAKFAST 12 Hot & Cold Cereal, Coffee Cake Stewed Sliced Peaches LUNCH English Shepherd's Pie Strawberry Spinach Salad DINNER Tomato Basil Grilled Cheese French Fries Chinese New Year (Year of the Ox)	BREAKFAST 13 Hot & Cold Cereal, Eggs, Toast Pork Link Sausage LUNCH Mexican Cheese Enchiladas Tomato/Cucumber Salad Spanish Rice DINNER Meatball Soup with Orzo French Dinner Roll
BREAKFAST 14 Hot & Cold Cereal, Apple French Toast, Fresh Seasonal Fruit LUNCH American Cheeseburger Seasoned Fries Dill Pickle DINNER Roasted Eggplant & Olive Pasta Strawberry Spinach Salad Valentine's Day	BREAKFAST 15 Hot & Cold Cereal, Scrambled Eggs Sausage, Toast LUNCH Braised Beef Stew Homemade Biscuits DINNER Salad Trio (Chicken, Tuna, Pasta) House Dinner Roll Presidents' Day	BREAKFAST 16 Hot & Cold Cereal, Blueberry Pancakes Sausage Links LUNCH Turkey Club Sandwich Guacamole Salad DINNER Sweet Potato Chili Vegetarian Quesadilla Mardi Gras	BREAKFAST 17 Hot & Cold Cereal, French Toast Fresh Seasonal Fruit LUNCH Creamy Garlic Chicken Saffron Rice, Vegetable Stir Fry DINNER Stuffed Cheese Manicotti Grilled Zucchini, Garlic Bread Ash Wednesday	BREAKFAST 18 Hot & Cold Cereal, Scrambled Eggs Crispy Bacon Toast LUNCH Braised Beef Over Egg Noodles French Roll DINNER Baked Ziti Caesar Salad	BREAKFAST 19 Hot & Cold Cereal, Morning Danish Yogurt, Fresh Seasonal Fruit LUNCH Lemongrass Cheese Ravioli Tomato Peach Salad DINNER Chef's Grilled Chicken Salad French Roll	BREAKFAST 20 Hot & Cold Cereal, Scrambled Eggs Corn Beef Hash LUNCH Bacon Potato Soup House Biscuit DINNER Classic Minestrone Soup Grilled Tuna Sandwich
BREAKFAST 21 Hot & Cold Cereal, Biscuits & Gravy Crispy Bacon LUNCH Chicken Cordon Bleu Vegetable Medley DINNER Cauliflower Rice Kale Soup Pesto Sandwich	BREAKFAST 22 Hot & Cold Cereal, Sausage French Toast LUNCH Gousse D'Ail Cheese Broccoli Soup, Caesar Salad DINNER New York Hot Dog Seasoned Fries Caramelized Onions	BREAKFAST 23 Hot & Cold Cereal, Scrambled Eggs Hash Browns, Toast LUNCH Stuffed Peppers Fresh Coleslaw DINNER Corn Chowder Grilled Cheese Sandwich	BREAKFAST 24 Hot & Cold Cereal, Biscuits & Gravy Crispy Bacon LUNCH Savory Bombay Toast Tomato Soup DINNER Ham Sandwich Tater Tots Panzanella Salad	BREAKFAST 25 Hot & Cold Cereal, House Pancakes Crispy Bacon LUNCH Asian Grilled Chicken Steamed White Rice, Asian Stir Fry DINNER Ground Turkey Enchiladas Stir Fry Vegetables and Couscous Pumpkin Begins	BREAKFAST 26 Hot & Cold Cereal, Coffee Cake Fresh Seasonal Fruit LUNCH Zuppa Toscana Soup Stromboli DINNER Quinoa Salad with Roasted Sweet Potatoes Cajun Sandwich	BREAKFAST 27 Hot & Cold Cereal, Chorizo with Eggs Toast LUNCH BBQ Pork Bowl with Greens and Carrots Turmeric Rice DINNER Pumpkin Soup Bacon & Tomato Grilled Sandwich
BREAKFAST 28 Hot & Cold Cereal, Egg in a Blanket, Corned Beef Hash LUNCH Pineapple Ham Scalloped Potato, Vegetable Medley DINNER Baked Rigatoni Garlic Bread, Chef Salad	 <h1>February 2021</h1> <p>HAPPY VALENTINE'S DAY</p>					