

## Activities & Events



### Jammin' w/Jimmy

Tuesday, 10/15 at 12:30 pm  
You're invited to jam to the music with Jimmy this month as he performs some of our favorite Rock 'n' Roll tunes!



### Breast Cancer Walk

Wednesday, 10/23  
at 10:00 am

Show your support for breast cancer research and wear pink today. Morning walkers are invited to join us to further show your support.



### Trick-or-Treat PJ Party

Wednesday, 10/30  
at 3:00 pm

Get started on this year's Halloween celebration early at our spooky PJ party.

# YORKSHIRE VILLAGE

*Where You Live Matters*

MONTHLY  
**Walk-a-thon!**  
JOIN US EVERY  
MORNING  
AT 9:00 AM





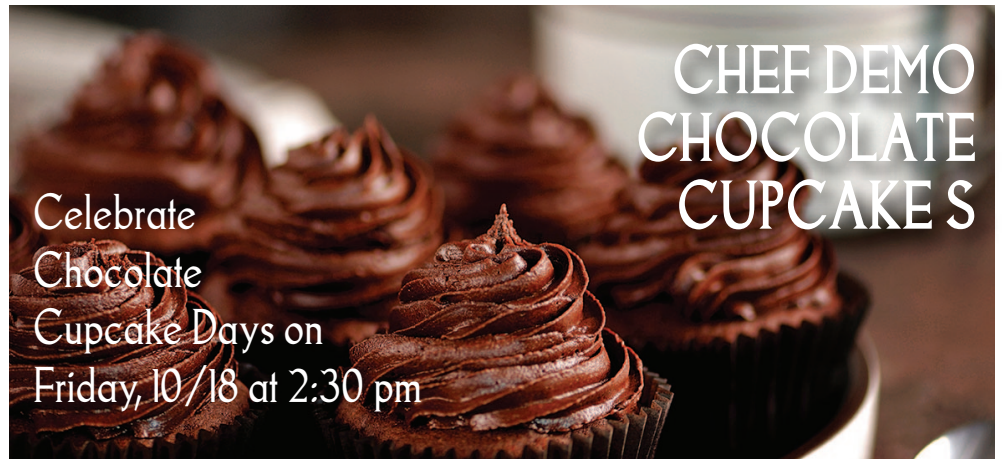
# RESIDENT SPOTLIGHT

## JANET MARIE P.



Janet was born on October 1, 1948, in Louisiana. She has an older brother, Roy, and a younger brother, Gregory. She also has two younger sisters,

Mary Allie and Bernadette. At the age of 20, she married her husband, Charles. She met him through mutual friends. They had a daughter, Tamara, and she also has four grandchildren, Ryan, Patrick, Joy and Niara. Janet went to St. Cecelia Grade School, Manual Arts High School and a Cal State University. She worked as a social worker. A close friend she holds dearly is Sherrie, and she wants everyone to know that she is in love with James W. Her philosophy in life is to Relax-Relate-Release.



## CHEF DEMO CHOCOLATE CUPCAKES

Celebrate Chocolate Cupcake Days on Friday, 10/18 at 2:30 pm

Celebrate our October Resident Birthdays at our

*Birthday Party*

THURSDAY, OCTOBER 31 AT 12:00 PM



## RESIDENT BIRTHDAYS

Craig F.	10/01
Janet P.	10/01
Fred A.	10/08
Minnie O.	10/11
Sherry H.	10/16
Albert P.	10/21
Joan L.	10/27
Jose C.	10/28

## HOLIDAY CELEBRATIONS

- 01 Int'l Coffee Day
- 02 Rosh Hashanah begins
- 11 Yom Kippur begins
- 14 Columbus Day
- 14 Indigenous Peoples' Day
- 16 Nat'l Boss's Day
- 18 Chocolate Cupcake Day
- 23 Wear Pink for Breast Cancer Awareness
- 30 Halloween

## RESIDENT COUNCIL MEETING

Thursday, October 31 at 2:30 pm

## RELIGIOUS SERVICES

Praise & Worship Music  
Sundays at 10:00 a.m.



## EMPLOYEE OF THE MONTH AMBER S.

Activity Coordinator

Amber came to the U.S. from Thailand in 1979, and grew up in Banning, California. She has one son, Eric, aged 27, and one daughter, Asia, aged 24, and three lovely grandchildren. When she's not at work, she loves to hang out with her friends and family. Amber has been working with seniors for three years and enjoys being able to make them happy every day. She loves the varied personalities of each resident. Amber is always willing to help anyone who asks and goes out of her way to make sure everyone is appreciated. It sure is a blessing to have her on our activity team.



# OCTOBER *Highlights*



## CELEBRATE INT'L COFFEE DAY

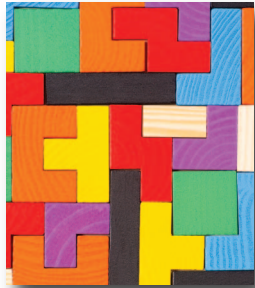
**Tuesday, October 2 at 10:30 am**

What better excuse to drink a delicious cup of coffee than to do so on International Coffee Day?

## ROCK PAINTING

**Tuesdays at 1:30 pm**

Bring life to a plain old rock with a bit of paint and your own imagination! A smooth, palm-sized rock is the perfect pallet for your nimble artwork!



## BLOCKS & PUZZLES

**Fridays at 10:30 am**

There are so many beautiful shapes and patterns we can make with colorful blocks and puzzles... it's almost a shame when we have to take them apart!

## BINGO!

**Fridays at 1:30 pm**

Who doesn't love the excitement and thrill of yelling out BINGO!? Bingo is a great brain game as it sharpens the mind and makes you have to think and respond quickly! Join us on Fridays for a lively game of Bingo!



## NECK MESSAGES

**Fridays at 2:30 pm**

Neck massages can reduce tension in the neck, jaw and shoulders, and can help to improve sleep quality, too! They also help achieve a higher level of cerebral blood flow!

## WEIGHT LIFTING

**Saturdays at 10:30 am**

Strength building exercises help to prevent bone and muscle loss, in addition to offering aerobic exercise. Some research has also shown that weight lifting can also help to prevent dementia.



## MAKING HAPPY *Memories* MONTHLY ACTIVITIES HOEDOWN





# MAKING HAPPY *Memories*

## MONTHLY ACTIVITIES YORKSHIRE HOEDOWN CONTINUED...



Check out community photos on our social media.



REACH OUT TO OUR  
FAMILY SPECIALIST

*Amelia Hernandez*

TO ARRANGE FOR A  
LUNCH TOUR TODAY!  
**(951) 658-1068**

### OUR SERVICE PLEDGE

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and ourselves. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

### MEET OUR TEAM

**Teresa Mapilis**

**Amelia Hernandez**

**Eloisa Mireles**

**Nicole Anguiano**

**Irene Hernandez**

**Marielle Figueroa**

**Carrie Bruce**

**Terriona Warren**

**Juan Carranza**

**Alexis Holguin**

Executive Director

Family Specialist

Wellness Director

Business Office Manager

Finance Specialist

Wellness Soul Specialist

Active Living Program Director

Executive Chef

Director of Maintenance

Environmental Manager

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