

## RESIDENT **SPOTLIGHT**

VANCE M.





Everyone enjoys the fun-loving spirit Vance brings to our community. He is such a pleasure to have around, and he is ever-ready to lend a helping hand to others. Vance was a former 29 Palms taxi driver for many years. and was likely a bright spot on the drive of many a client over the years. Vance especially loves the summer months, dancing, singing, watering our garden and betting on the horses at our Friday Night horse races!





#### **RESIDENT BIRTHDAYS**

11/03 Willa Victor V. 11/05 Patricia P. 11/13 11/23 Marina D.

#### **HOLIDAY CELEBRATIONS**

Dia de Los Muertos 11/05 American Football Day 11/06 Daylight Savings Ends 11/08 Election Day Veteran's Day 11/11 11/14 Internat'l Girls Day 11/19 Internat'l Men's Day 11/21 Nat'l Ginger Bread Cookie Day 11/24 Thanksgiving Day

#### **RELIGIOUS SERVICES**

Praise & Worship Music Sundays at 10:00 a.m.

# **Transportation** & Concierge

Complete peace of mind is our priority in all our communities. Enjoy the journey of senior living starting from the comfort of concierge transportation services.

Look out for our advertised outings and shopping trips throughout the month.

Throughout the week, transportation is available for Medical Appointments. Please make your reservations with our Concierge at (951) 658-1068 today!



11/01

# NOVEMBER/ dividies & Events



#### FRIDAY NIGHT HORSE RACES

Fridays, 11/04, 11/18, 25 I 4:00 pm We're bringing the thrill of this popular carnival game right to you! Bet on your favorite horse to win and let the dice determine who wins!

#### **POSITIVE AFFIRMATIONS**

Wednesday, 11/09, 23 I 11:00 am

November is the month to remember thankfulness, and being thankful for one's own self is a big part of that.





#### GIRL'S CIRCLE

Monday, 11/14 I 4:00 pm

International Girls Day encourages all girls to follow their dreams! Join us today and for a discussion that includes your interest and dreams.

#### **MEN'S CIRCLE**

Saturday, 11/19 I 11:00 am

Today, we celebrate worldwide the positive value that men bring to the world, their families and communities. Men are invited to celebrate with us on International Men's Day.



#### RESIDENT COUNCIL M E E T I N G

Friday, 11/25 at 2:00 pm





"I felt my lungs inflate with the onrush of scenery ~ air, mountains, trees, people. I thought, 'This is what it is to be happy."

~ Sylvia Plath



Lady Thistledown's SOCIETY PAPERS

November 2022

EXTRAORDINARY PEOPLE, EXTRAORDINARY NEWS

Gentle readers,

As you might expect, Lady Thistledown is rarely engaged in the world of sweat, motor oil, and strenuous undertakings, preferring instead to get my workout by just lifting my daily cup of tea. But I must take a moment to recognize the athletic endeavors of our fellow residents. It makes my head spin just to think about the high speed hijinks of P.O., our very own resident Go-Kart champion. And not to be outdone, fans of the ol' pigskin and gridiron greats might appreciate the fact that one of our very own residents was a former NFL coach with the initials of D.B.

Touché and touchdown!



EMPLOYEE OF THE MONTH

MICHAEL H.
Program & Events
Coordinator

Residents and staff alike love having the warm and friendly Michael around Yorkshire Village! He is ever present to provide an extra helping hand in our community. He always offers his help no matter what task is at hand. Michael is best known for his amazing dance moves and dramatic BINGO calls, and residents especially enjoy the added flair he brings to our activities. He's a true example of a team player with a great attitude.





### Make it a slow glide Build a Model Airplane

Tuesday, 11/01 at 4:00 pm One can never be too old to build a model airplane, and in recognition of Aviation History Month, that's exactly what we'll be making this November!



# Every leaf is a poem. Falling Leaves & Painting Trees

Tuesday, 11/08 at 11:00 am Poems and paintings abound about the beauty of Fall's leaves. This is your chance to capture your ode to these beautiful leaves in your very own painting!



# Ready for Turkey Day! Thanksgiving Turkey Artwork

Tuesday, 11/22 at 200 pm In readiness for Thanksgiving, it's time to pay tribute to one of the most important icons of that grateful day... the turkey!



Travel to Mars
Red Planet Sponge Creations

Tuesday, 11/28 at 11:00 am
The red planet was named after the
Roman god of war, and was likely
named tht for its vibrant red color.
November 28 is "Red Planet Day" so
we will commemorate this colorful
planet located in the fourth position
from the sun.



















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# STAFF'S PUMPKIN ART FRIDAY HORSE RACES











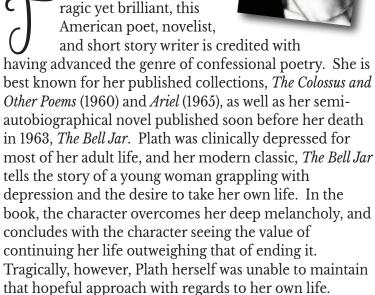








# Poet of the Month SYLVIA PLATH (1932 TO 1963) THURSDAY, 11/03 AT 11:00 AM



## Write Your Own Poem!

#### AUTUMN POETRY CREATIONS TUESDAY, 11/08 AT 4:00 PM

This month's poetry subject is "Autumn", a topic that is rich with beauty, metaphors, abstracts and meaning. Using flowery or simple language, alliteration, image and rhyme, this is your opportunity to bring to life what the transformative time of the Autumn season means to you.

## POETRY

# Band Practice

# BREAK OUT THE INSTRUMENTS! FRIDAY, 11/18 AT 2:00 PM

esidents love it when we bring out the instrument box, filled with tambourines, maracas, drums and other various noise-makers! It's time to add our own flair to our favorite music by shaking our maracas, adding

the jingle of the tambourine, and the rhythmic beating of the drum. Break loose and add in the percussion, people!





# NOVEMBER IS AVIATION History Month



rom Icarus to Leonardo Da Vinci, the fantasy of flight has been the passion of many a dreamer, and it didn't really became a reality until the Wright brothers made the first powered controlled airplane flights in Kitty Hawk, North Carolina. For Icarus, the prideful yet tragic figure of Greek mythology who, in an effort to go beyond human boundaries, flew too close to the sun, melting the wax fastening the wings to his body, sadly plunged to his end in pursuit of this dream. In the 1480s, Da Vinci, who was fascinated with the phenomenon of flight, produced many drawings of flying machines, most of which were impractical. In Paris, France, 1783, the first hot air balloon flight was performed by Jean-Francois Pilatre de Rozier and Francoise Laurent d"Arlandes in a balloon created by the Montgolfier brothers. Ten years later, in 1793, the first hot air balloon flown in the Americas was launched from the Walnut Street Jail in Philadelphia with the French aeronaut Jean Pierre Blanchard as its captain. From the first dreams, to the plans, to the balloons and every device since then that has elevated humans above the earth, Aviation History Month recognizes the achievements of the men and women who have contributed to our ability to fly.



**CALLING ALL PING PONG LOVERS** 

# Table Tennis Marathon!

Monday, 11/14 at 11:00 am

Table tennis, also known as "Ping Pong", and even "Whiff-Whaff", is one of the most popular indoor sports in the world. The sport originated in England, and at this time, the best players are the Chinese. If you, too, enjoy the sport, you're invited to take part in our Table Tennis Marathon. The building whose residents take the coveted prize will be rewarded with a fabulous Pizza Lunch!



## CELEBRATING THANKFULNESS

#### THANKFUL TREE

The famous comic strip *Peanuts* character, Charlie Brown is quoted as having said, "What if today, we were grateful for everything?" and this month, consider being grateful for everything ~ not just on "today", but on every day. November is National Gratitude Month, which makes sense, of course, because Thanksgiving is always celebrated in November.

This month at Yorkshire Village, we are again bringing out the "Thankful Tree", and everyone is encouraged to write the things we're grateful for on the ornamental "Thankful Leaves" used to decorate the tree. The tree will be featured in both buildings during various times of the month. Finally, on Thanksgiving, we'll light up our beautiful "Thankful Tree" to celebrate our gratitude for the things we have in life to be grateful and happy for.

Consider expressing your gratitude before you go to sleep each night by thinking of all the things in life you have to be grateful about. It's like counting sheep, only better. And you'll likely find that you sleep more peacefully, and wake up happier.



## **Annual Thanksgiving Lunch**

with Entertainment
November 24 at 12:00 noon

Thanksgiving is one of America's most important holidays as this special day represents a time for us to express our gratitude for one another, and for the positive, hopeful things present in our lives.

**ANNUAL** 

# "Pick Out A Christmas Tree" FIELD TRIP

**MONDAY, NOVEMBER 28 AT 10:00 AM** 

Thanksgiving, it'll be time to change our holiday hats to Christmas ones!

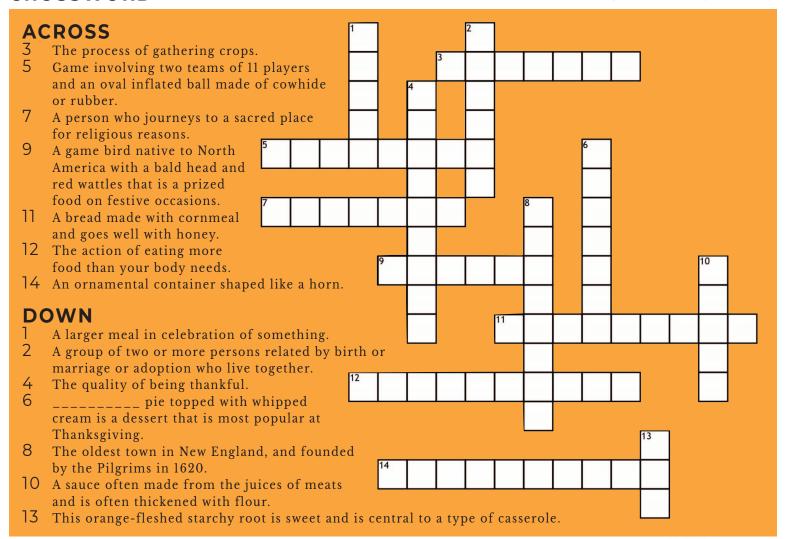
Join us on a fun adventure to the Wickerd Family Farm and together, we'll find the perfect Christmas

Tree! Now is the time to ready our lovely community for the upcoming holiday season!

### **THANKSGIVING**

#### **CROSSWORD**

\*Crossword answers will be available at the Concierge on the 15th of the month.



## Check out community photos on our social media.





REACH OUT TO OUR
FAMILY SPECIALIST

Amelia Hernandez
TO ARRANGE FOR A
LUNCH TOUR TODAY!
(951) 658-1068

#### **MEET OUR TEAM**

Teresa Mapilis
Emma Andrade
Amelia Hernandez
Nicole Anguiano
Irene Hernandez
Marissa Mendez
La'Shawn Hill
Juan Carranza
Alexis Holguin

Executive Director Health & Wellness Director

Family Specialist

Business Office Manager

Finance Specialist

Active Living Specialist

**Executive Chef** 

Director of Maintenance Environmental Manager

#### **OUR SERVICE PLEDGE**

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and myself. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

26933 Cornell St., Hemet CA 92544 / (951) 658-1068 / license: 331800223