## It's all about the Roses!

Monday, 1/01 at 10:00 am Ring in the New Year right with our special viewing of the 135th Tournament of

Roses!



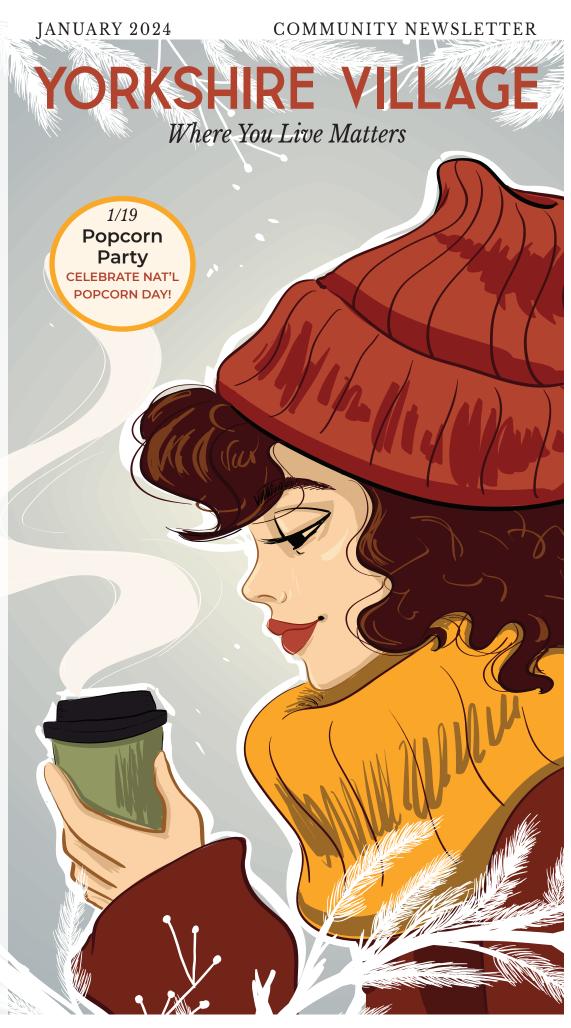
### Paint 'n' Sip Monday, 1/12 at 1:30 pm

Discover your inner artist while sipping on a delicious beverage!
Brought to you by Mission Hospice, our painting parties are an experience you're not soon to forget!



### Light Massages During these colder

During these colder months, when our arthritis tends to flare up, enjoy massages with our staff that are designed to help relieve the pain in those stiff joints.



### RESIDENT SPOTUGHT

RALPH A.





Ralph was born in Riverside to Pauline and

Roberto, and has 12 siblings (he's the 5th child)! He married his high school sweetheart, Maria, and they have three children, but no grandchildren, yet. Ralph owned his own landscaping business, and likes collecting tools, along with making and fixing things. Ralph has a German Shepherd dog named King. He likes to dream big and tells us, "I would like to win the lottery." January features "Make Your Dreams Come True Day" on Friday, the 13th. Could that be Ralph's lucky lottery day?





Celebrate all of our January Resident Birthdays at our

Birthday Party

THURSDAY, JANUARY 25 AT 12:00 PM

### **RESIDENT BIRTHDAYS**

Rene? 1/05 Ralph A. 1/09 Rea? 1/10 Carrie? 1/19

#### **HOLIDAY CELEBRATIONS**

1/01 New Year's Day

1/04 Nat'l Trivia Day

1/05 Nat'l Bird Day

1/13 Make Your Dreams

Come True Day

1/15 Martin Luther King Jr. Day

1/19 Nat'l Popcorn Day

1/21 Grandma Day

1/22 Grandpa Day

#### RESIDENT COUNCIL MEETING

Thursday, January 25 at 12:00 noon

#### **RELIGIOUS SERVICES**

Praise & Worship Music Sundays at 10:00 a.m.





EMPLOYEE
OF THE
MONTH
RAYA AKA
"RAY-A"
MedTech &
Caregiver

Raya was born and grew up in South Gate, California. She is married to Victor, and they have four children (Aiden, Annalisa, Chrisoval and Vanellope), and together, they are her world. Raya likes working with seniors and putting smiles on their faces and offering them unconditional love. Her philosophy in life is to be very open and kindhearted to everyone. Her dream is to some day own a business that she can pass down to her children. She works hard here, but loves every minute of it.

# JANUARY If ightigh



#### BALLOON BOUNCE

Varied dates I and times

Whether we're playing a sport like tennis or volleyball, or even for banging on a drum, you'll find balloon activities sprinkled throughout this month!

#### **NAIL DAY**

Every Tuesday I 2:30 pm

Tuesdays are our pampering day! We'll spiff up those nails with a trim, file, some cuticle oil, or even a polish!





#### SUDOKU CHALLENGE

1/04, 12, 27 & 31 I times vary

Exercise your brain with this very popular Japanese game of Sudoku, a logic-based numbers puzzle using the numbers 1-9.



Wednesday, 1/10 I 1:30 pm

Join us for a twist on the favorite school yard game of Tag! Who will be the reindeer and who will be the tagger?





Friendship Bracelets Tewelry that never goes out of style!

Monday, 1/15 at 11:00 am

Symbolizing friendship, these beaded and thread bracelets are easy to make and even more fun to wear!



Build a Snowman

Frosty, here we come!

Sunday, 1/28 at 11:00 am Now you can create your own snowman without even getting your hands cold!

## MAKING HAPPY Wemority Monthly activities























January 2024 - 3



# Game Shows and Seniors

While almost everyone enjoys a good game show, did you know that one of the biggest audiences of television game shows are seniors? They love watching them, and they are usually much more than a passive audience. They are not just active in their minds and hearts while watching the shows, but often participate by answering the questions. Game shows help to keep our minds fresh and alert, and for many of us, they bring us back to a familiar place of fond memories. They also give folks the chance to live out their fantasy of "that could be me."

On various days throughout the month, we'll feature a Game Show Hour airing the well-known Price is Right, Jeopardy, and Wheel of Fortune, so if you hear people shouting out, "What is' or "Who is..." you know it Jeopardy on the tube. And if you hear, "Buy a Vowel', it's Wheel. Besides, who doesn't love Vanna White?













### Check out community photos on our social media.





REACH OUT TO OUR FAMILY SPECIALIST

Amelia Hernandez
TO ARRANGE FOR A
LUNCH TOUR TODAY!
(951) 658-1068

#### **OUR SERVICE PLEDGE**

We understand that we are responsible for the delivery of excellent Resident service. We represent our company, our communities, and ourselves. At each "service moment", we will initiate a warm and friendly greeting, treat residents with care and understanding, and communicate clearly. We will do our part to implement the essentials of service excellence.

#### **MEET OUR TEAM**

Teresa Mapilis
Amelia Hernandez
Eloisa Mireles
Nicole Anguiano
Irene Hernandez
Marielle Figueroa
Carrie Bruce
Terriona Warren
Juan Carranza
Alexis Holguin

Executive Director
Family Specialist
Wellness Director
Business Office Manager
Finance Specialist
Wellness Soul Specialist
Active Living Program Director
Executive Chef
Director of Maintenance
Environmental Manager

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