

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2022

## Yorkshire Village Monthly Menu

<p><b>BREAKFAST</b> 4 Assorted Hot/Cold Cereal, Blueberry Pancakes, Eggs, Sausage. <b>LUNCH</b> Meatloaf with Mushroom Gravy Roast Carrots and Zucchini Carrot Cake <b>DINNER</b> Pan Seared Salmon w/ Creamy Lemon Sause, Herb Toast Baby Carrots, Strawberry Cake.</p>	<p><b>BREAKFAST</b> 5 Assorted Hot/Cold Cereal Scramble Eggs with Chorizo Seasonal Fruit and Toast. <b>LUNCH</b> Beef Lasagna, Green Salad Brownie <b>DINNER</b> All Beef Hot Dogs with Chili Beans French Fries, Ice Cream  Labor Day</p>	<p><b>BREAKFAST</b> 6 Assorted Hot/Cold Cereal, Egg Salad Toast, Yogurt w/ Prunes <b>LUNCH</b> Shrimp Salad Crackers Ice Cream <b>DINNER</b> Caldo de Res Corn Tortilla Jell-O</p>	<p><b>BREAKFAST</b> 7 Assorted Hot/Cold Cereal, French Toast, Scrambled Eggs Sausage, Fresh Fruit <b>LUNCH</b> Tomato Cheesy Meatballs Roast Vegetables Carrot Cake <b>DINNER</b> Vegetable Soup, Garlic Pita Vanilla Pudding.</p>	<p><b>BREAKFAST</b> 1 Assorted Hot/Cold Cereal Huevos Rancheros, Sausage Fresh Fruit <b>LUNCH</b> Chicken Fajitas, Mexican Rice Chocolate Cake <b>DINNER</b> Grilled Hot Dogs w/ Caramelized Onions, Chile, Potato Chips Ice Cream</p>	<p><b>BREAKFAST</b> 2 Assorted Hot/Cold Cereal, Belgium Waffles, Scrambled Eggs, Bacon, Fresh Fruit. <b>LUNCH</b> Beef Shepherds Pie Caesar Salad Vanilla Ice Cream. <b>DINNER</b> Garlic Mushroom Chicken Thighs, Bake Potato, Strawberry Cake.</p>	<p><b>BREAKFAST</b> 3 Assorted Hot/Cold Cereal, Eggs, Hash Browns, Bacon, Fresh Fruit. <b>LUNCH</b> Stuffed Pepper Fresh Coleslaw Jello. <b>DINNER</b> Beef Stew Garlic Bread Vanilla Pudding.</p>
<p><b>BREAKFAST</b> 11 Assorted Hot/Cold Cereal, Scramble Eggs, Sausage, Toast, Strawberry Yogurt <b>LUNCH</b> Bangers and Mash Buttered Broccoli and Cauliflower Banana Cake <b>DINNER</b> Pepper Steak, Rice with Mushrooms and Gravy. Brownie</p>	<p><b>BREAKFAST</b> 12 Assorted Hot/Cold Cereal, Apple Spiced Pancakes, Scramble Eggs, Sausage, Yogurt. <b>LUNCH</b> Beef Shepherds pie Dairy Free Creamed Corn Carrot Cupcake <b>DINNER</b> Baked Ham, Maple Roasted Squash Salad, Pistachio Ice Cream</p>	<p><b>BREAKFAST</b> 13 Assorted Hot/Cold Cereal Corned Beef Hash, Scramble Eggs, Yogurt w/ Prunes <b>LUNCH</b> Grilled Teriyaki Chicken Hawaiian Fried Rice Pistachio Ice Cream <b>DINNER</b> Vegan Kale and Bean Soup, Garlic Pita, Sweet Potato Wedges, Cookie.</p>	<p><b>BREAKFAST</b> 14 Assorted Hot/Cold Cereal, Mexican Scrambled Eggs, Bacon, Fresh Fruit. <b>LUNCH</b> Carne Asada, Refried Beans Mexican Rice Arroz Con Leche <b>DINNER</b> Pozole, Corn Tortilla, Tres Leches Cake.</p>	<p><b>BREAKFAST</b> 15 Assorted Hot/Cold Cereal, Eggs, Bacon and Seasonal Fruit <b>LUNCH</b> Mushroom Ravioli Roasted Zucchini Banana Cake <b>DINNER</b> Chicken Enchiladas, Rice With Vegetables, Ice Cream</p>	<p><b>BREAKFAST</b> 16 Assorted Hot/Cold Cereal Hash Brown Topped with Eggs and Cheese, Crumble Bacon, Fruit <b>LUNCH</b> Beef Stroganoff Roasted Asparagus Ice Cream <b>DINNER</b> Catch of the Day, Grill Carrots and Tomato, Carrot Cake.</p>	<p><b>BREAKFAST</b> 17 Assorted Hot/Cold Cereal French Toast, Scramble Eggs Seasonal Fruit <b>LUNCH</b> Low Country Shrimp Chowder Grilled Potato Sandwich Brownie <b>DINNER</b> Cheese &amp; Turkey Panini German Potato Salad Lemon Pudding</p>
<p><b>BREAKFAST</b> 18 Assorted Hot/Cold Cereal Scrambled Eggs, Pancakes with Whipped Cream and Strawberry <b>LUNCH</b> Baked Chicken in Coconut Milk Brown Rice, Steamed Green Peas and Carrots, Lemon Cake. <b>DINNER</b> Beef and Cheese Lasagna, Garlic Bread, Green Salad, Ice Cream</p>	<p><b>BREAKFAST</b> 19 Assorted Hot/Cold Cereal boiled Eggs, Yogurt with Fresh Fruit Toast <b>LUNCH</b> Beef Spaghetti Green Salad with Garlic Bread Orange cake <b>DINNER</b> Chicken and White Rice Soup Crackers Pineapple Ice Cream</p>	<p><b>BREAKFAST</b> 20 Assorted Hot/Cold Cereal Easy Banana Muffins, Sausage, Yogurt w/ Prunes <b>LUNCH</b> Roasted Sliced Turkey and Gravy Smashed Sweet Potato, Asparagus. Chocolate Cake <b>DINNER</b> Meatloaf with Scalloped Potatoes Vanilla Pudding</p>	<p><b>BREAKFAST</b> 21 Assorted Hot/Cold Cereal French Toast, Scramble Eggs Seasonal Fruit <b>LUNCH</b> Hamburgers, Fried Sweet Potatoes Brownie <b>DINNER</b> Beef and Green pepper Fajitas Fried Rice Tres Leches Cake</p>	<p><b>BREAKFAST</b> 22 Assorted Hot/Cold Cereal Refried Beans with Feta Cheese Quesadilla and Scramble Eggs. <b>LUNCH</b> Catch of the Day Steamed Vegetables Fruit Cocktail <b>DINNER</b> Vegetable Soup, Garlic Pita Vanilla Pudding.</p>	<p><b>BREAKFAST</b> 23 Assorted Hot/Cold Cereal French Toast with Strawberry on Top, Yogurt <b>LUNCH</b> Chicken Enchilada Casserole Grill Zucchini and Carrots Banana Cake <b>DINNER</b> Country Fried Steak w/ White Gravy Cheesy Baked Potato Angel Fruit Salad</p>	<p><b>BREAKFAST</b> 24 Assorted Hot/Cold Cereal Pancakes, Chocolate Pudding with Whipped Cream, Grapes <b>LUNCH</b> Ham Dijon Melt, Lentil Salad with Cucumber Fruit Cocktail <b>DINNER</b> Beef Shepherds pie Dairy Free Creamed Corn Carrot Cupcake</p>
<p><b>BREAKFAST</b> 25 Assorted Hot/Cold Cereal Sunny Side Up Bacon and Fresh Fruit <b>LUNCH</b> Teriyaki Chicken Steamed Rice and Vegetables Angel Fruit Salad <b>DINNER</b> Beef Stew White Rice Chocolate Ice Cream</p>	<p><b>BREAKFAST</b> 26 Assorted Hot/Cold Cereal Blueberry pancakes Scramble Eggs with Bacon <b>LUNCH</b> Chicken Fajitas, Mexican Rice Chocolate Cake <b>DINNER</b> Cauliflower Soup Crackers Orange Cake</p>	<p><b>BREAKFAST</b> 27 Assorted Hot/Cold Cereal Eggs, Sausage Yogurt w/ Prunes <b>LUNCH</b> Bangers and Mash Buttered Broccoli and Cauliflower Banana Cake <b>DINNER</b> Baked Ham Mashed Potatoes Peanut Butter Cookies</p>	<p><b>BREAKFAST</b> 28 Assorted Hot/Cold Cereal Boiled Eggs, Sausage Yogurt with Fresh Fruit <b>LUNCH</b> Vegan Kale and Bean Soup, Garlic Pita, Sweet Potato Wedges, Cookie. <b>DINNER</b> Beef Shepherds pie Dairy Free Creamed Corn Carrot Cupcake</p>	<p><b>BREAKFAST</b> 29 Assorted Hot/Cold Cereal Belgium Waffles with Peanut Butter Fresh Fruit <b>LUNCH</b> Baked Chicken in Coconut Milk Brown Rice, Steamed Green Peas and Carrots, Lemon Cake. <b>DINNER</b> Shrimp Salad and Crackers Fruit Cocktail</p>	<p><b>BREAKFAST</b> 30 Assorted Hot/Cold Cereal Cheese Scrambled Eggs, Sausage Fresh Fruit <b>LUNCH</b> Pizza, Green Salad Ice Cream <b>DINNER</b> Potato Soup, Crackers Strawberry Jello.</p>	