



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
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|  | | BREAKFAST 1 Assorted Hot/Cold Cereal, Corned Beef Hash, Bacon, Toast/Jelly Sliced Bananas LUNCH Pineapple Ham, Scalloped Potato, Vegetable Medley Apple Pie DINNER Baked Rigatoni, Garlic Bread, Chef Salad, Lemon Pudding Mardi Gras | BREAKFAST 2 Assorted Hot/Cold Cereal, Blueberry Pancake w/ Maple Syrup, Pork Link Sausage, Melon Cubes LUNCH Sausage and Red Onion Sheet Pan Quiche, Caesar Salad Vanilla Pudding DINNER Reuben Sandwich, Cheese Broccoli Soup, Caesar Salad, Mexican Jell-O Ash Wednesday | BREAKFAST 3 Assorted Hot/Cold Cereal, Biscuits & Gravy, Crispy Bacon, Cottage Cheese and Sliced Peaches LUNCH Pork Roast Teriyaki, Hawaiian Fried Rice, Seasoned Pea Pods Banana Cream Pie DINNER Garlic Mushroom Chicken Thighs, Crispy Garlic Baked Potato Wedges Strawberry Cream Cheese Cobbler | BREAKFAST 4 Assorted Hot/Cold Cereal, Scrambled Eggs, Hash Browns, Hot Buttered Toast, Fresh Sliced Strawberries LUNCH Easy Meatloaf, Garlic Green Beans with Parmesan Baked Roll, Strawberry Yogurt DINNER Mushroom Chicken Bites, Southwest Green Salad, Peanut Butter Banana Pudding | BREAKFAST 5 Assorted Hot/Cold Cereal, Vegetable Omelet, Pork Link Sausage, Cinnamon Raisin English Muffins, Fresh Grapes LUNCH Moroccan Couscous, Creamy Herb Chicken, Garlic Parmesan Roasted Broccoli, Tapioca Pudding DINNER Hearty Chicken Noodle Soup French Dinner Roll Chocolate Pudding |
| BREAKFAST 6 Assorted Hot/Cold Cereal, Breakfast Potato Classic Omelet, Crispy Bacon, Cottage Cheese with Stewed Prunes LUNCH Roasted Sliced Turkey & Gravy, Smashed Sweet Potato, Garlic Sauteed Asparagus, Sliced Pears DINNER Classic Pot Roast Mexican Black Bean Salad Fruit Cocktail | BREAKFAST 7 Assorted Hot/Cold Cereal, Coffee Cake, Scrambled Eggs, Peach Yogurt LUNCH Creamy Garlic Chicken Breast, Spinach Salad with Mango & Honey Dressing, Sweet Potato Pie DINNER Slow Cooker Beef Ragu, Garlic Bread, Roasted Broccoli with Hint of Sesame Oil Lemon Meringue Pie | BREAKFAST 8 Assorted Hot/Cold Cereal, Tater Tot Breakfast Casserole, Sliced Bananas LUNCH Sun Dried Tomato Cheesy Meatballs Warm Roast Vegetables Couscous Salad, Blueberry Yogurt DINNER Creamy Gnocchi, Sausage Kale Soup, French Dinner Roll, Strawberry Jell-O with Whipped Cream | BREAKFAST 9 Assorted Hot/Cold Cereal, Breakfast Cornbread Casserole with Ham & Kale Vanilla Pudding LUNCH Spinach Artichoke Stuffed Chicken Breast, Black Pepper Crab Salad Chocolate Pudding DINNER Pulled Beef Board, Toasty Roasted Cauliflower and Carrots, Apple and Hazelnut Galette | BREAKFAST 10 Assorted Hot/Cold Cereal, Country French Omelet, Crispy Bacon, Toast/Jelly, Grapes LUNCH Baked Lemon Butter Fillet Tilapia, White Rice, Garlic Green Beans Vanilla Ice cream DINNER Vegetable Soup, Garlic Pita Sweet Potato Wedges Carrot Cake | BREAKFAST 11 Assorted Hot/Cold Cereal, Cranberry-Apple Oatmeal, French Toast Sticks, Sausage, Melon Cubes LUNCH Juicy Beef Brisket, Garlic Mashed Cauliflower, Vegetable Tagine Salad Chocolate Mousse DINNER Chicken Fricassee, Oriental String Beans, Basic Creamy Potato Salad Blackberry and Lemon Fool | BREAKFAST 12 Assorted Hot/Cold Cereal, Cream Brulee French Toast with Drunken Strawberries Scrambled Eggs with Bacon LUNCH Smoked Chicken and Fig Salad, Quinoa and Spinach Soup, Saltine Crackers, Lemon Pudding DINNER Beef Cabbage Soup, Egg Salad Sandwich w/ Avocado and Watercress, Apple and Blackberry Charlotte |
| BREAKFAST 13 Assorted Hot/Cold Cereal, Eggs Benedict, Crispy Bacon, Sliced Bananas LUNCH Tuna Noodle Casserole, Roasted Carrots and Green Beans, Pistachio Ice Cream DINNER Creamy Corn and Pea Pasta Salad, Loaded Mexican Egg and Cheese Melt Vanilla Pudding Daylight Saving Time Begins | BREAKFAST 14 Assorted Hot/Cold Cereal, Veggie Breakfast Tacos, Crispy Bacon, Grapes LUNCH Chicken Quesadilla with Creamy Cilantro Sauce, Chopped Mexican Salad with Cilantro and Lime Dressing, Apple Crumble DINNER Beef Stew, Saltine Crackers, Skinny Baked Cauliflower Tots Poached Plums | BREAKFAST 15 Assorted Hot/Cold Cereal, Slow Cooker Turkish Breakfast Eggs, Sausage, Toast/Jelly, Stewed Prunes LUNCH Ground Beef & Cheese Pasta Avocado Tuna Salad Carrot Cupcake DINNER Salami Brioche Sandwich Cream of Mushroom Soup Pear & Blackberry Crumble | BREAKFAST 16 Assorted Hot/Cold Cereal, Blueberry Pancakes, Scrambled Eggs, Sausage, Banana Slices LUNCH Garlic Parmesan Zoodles, Pesto Grilled Cheese Sandwich, Pumpkin Cheesecake DINNER Cheesesteak Stuffed Peppers Cheddar Pesto Panini Melts Peach Cobbler Purim Begins | BREAKFAST 17 Assorted Hot/Cold Cereal, St. Patrick's Day Spinach Pancakes and Corned Beef Hash, Sliced Peaches LUNCH Corned Beef, Colcannon Roasted Herb Buttered Potatoes Irish Coffee Ice Cream DINNER Irish Beef Stew, Soda Bread Blueberry Scones St. Patrick's Day | BREAKFAST 18 Assorted Hot/Cold Cereal, Pear & Blueberry Oatmeal, Apple Sauce LUNCH Beef Shepherd's Pie, Dairy Free Creamed Corn, Strawberry Cream Cheese Cobbler DINNER Maple Roasted Squash Salad Baked Ham, Roasted Garlic Potato Wedges Zucchini Cake | BREAKFAST 19 Assorted Hot/Cold Cereal, Easy Banana Muffins, Pork Link Sausage, Strawberry Yogurt LUNCH Spaghetti A La Carbonara Chicken Waldorf Salad Lemon Pudding DINNER Garlic Mushroom Chicken Thighs, Crispy Garlic Baked Potato Wedges Strawberry Cream Cheese Cobbler |
| BREAKFAST 20 Assorted Hot/Cold Cereal, Chocolate Porridge, Crispy Bacon, Peach Slices LUNCH Southwest Style Cobb Salad with Smoky Chipotle Dressing, Ham Sandwich, Monkey Bread Muffins DINNER Pulled Pork Sliders Lentil Soup Tapioca Pudding Spring Begins | BREAKFAST 21 Assorted Hot/Cold Cereal, Biscuit & Gravy, Pork Link Sausage, Melon Cubes LUNCH Garlic Lemon Herb Mediterranean Chicken with Potatoes Steamed Rice Chocolate Ice Cream DINNER Italian Meatball Soup Reuben Sandwich Cranberry and Blueberry Crumble | BREAKFAST 22 Assorted Hot/Cold Cereal, Scrambled Eggs with Bacon, Bell Peppers, and Onions with Cheese, Cottage Cheese with Stewed Prunes LUNCH Baked Penne with Roasted Vegetables, Cookies and Cream Ice Cream DINNER Chicken Curry Steamed Rice Apple Pie | BREAKFAST 23 Assorted Hot/Cold Cereal, Cinnamon French Toast Bites with Cream Cheese Glaze, Fresh Strawberry Slices LUNCH Grilled Teriyaki Chicken Hawaiian Fried Rice Pistachio Ice Cream DINNER Beef & Cheese Lasagna Garlic Roasted Carrots and Green Beans Vanilla Pudding | BREAKFAST 24 Assorted Hot/Cold Cereal, Chocolate Chip Pancake with Warm Syrup Cottage Cheese with Peach Slices LUNCH Broccoli Pasta Salad, Baked Pollock with Cheddar and Herb Crust Banana Bread DINNER Ham Dijon Melt, Broccoli Soup Fruit Cocktail | BREAKFAST 25 Assorted Hot/Cold Cereal, Meatlovers Skillet, Pork Link Sausage Banana Slices LUNCH Chinese Chicken Mandarin Salad Grilled Chicken Cutlets Strawberry Shortcake DINNER Slow Cooker Split Pea Soup Classic Tuna Chocolate Cake | BREAKFAST 26 Assorted Hot/Cold Cereal, Corned Beef Hash, Bacon, Toast/Jelly Sliced Bananas LUNCH Roasted Veggie Grain Bowl Garlic Butter Pork Bites Peanut Butter Banana Pudding DINNER Roasted Butternut Squash Salad Grilled Cheese Sandwich Creamsicle Cheesecake |
| BREAKFAST 27 Assorted Hot/Cold Cereal, Blueberry Pancakes, Scrambled Eggs, Sausage, Banana Slices LUNCH Baked Chicken in Coconut Milk, Brown Rice, Steamed Green Peas and Carrots, Peach Cobbler with Vanilla Ice Cream DINNER Sausage and Fennel Stuffing Asian Quinoa Salad Chocolate Chip Cookies | BREAKFAST 28 Assorted Hot/Cold Cereal, Cranberry-Apple Oatmeal, French Toast Sticks, Sausage, Melon Cubes LUNCH Roasted Sliced Turkey & Gravy, Smashed Sweet Potato, Garlic Sauteed Asparagus, Sliced Pears DINNER Vegetable Soup Garlic Pita Sweet Potato Wedges | BREAKFAST 29 Assorted Hot/Cold Cereal, Pear & Blueberry Oatmeal, Apple Sauce LUNCH Smoked Chicken and Fig Salad, Quinoa and Spinach Soup, Saltine Crackers, Lemon Pudding DINNER Mushroom Chicken Bites, Cauliflower Parsnip Soup Peanut Butter Banana Pudding | BREAKFAST 30 Assorted Hot/Cold Cereal, Breakfast Potato Classic Omelet, Crispy Bacon, Cottage Cheese with Stewed Prunes LUNCH Cilantro Lime Rice, Beef Brisket with Lemon and Oregano Sauce No-Bake Cheesecake DINNER Shredded Chicken Arroz Caldo Dinner Roll Nuttela Mug Cake | BREAKFAST 31 Assorted Hot/Cold Cereal, Eggs Benedict, Crispy Bacon Sliced Bananas LUNCH Garlic Parmesan Zoodles Pesto Grilled Cheese Sandwich Pumpkin Cheesecake DINNER Slow Cooker Beef Ragu, Garlic Bread, Roasted Broccoli with Hint of Sesame Oil |  March 2022 | |