

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021



<p>BREAKFAST 4 Hot & Cold Cereal, English Egg Muffin, Hash Browns</p> <p>INDEPENDENCE DAY LUNCH</p> <p>DINNER Bacon & Mushroom Toast Sandwich Carrot Salad</p>	<p>BREAKFAST 5 Hot & Cold Cereal, Sausage Over Easy Eggs, Toast</p> <p>LUNCH Hearty Goulash Garlic Bread</p> <p>DINNER Waldorf Chicken Sandwich Baked Potato Chips</p>	<p>BREAKFAST 6 Hot & Cold Cereal, Fresh Fruit, Cottage Cheese</p> <p>LUNCH Indian Butter Chicken White Rice and Sautéed Vegetables</p> <p>DINNER Scalloped Potatoes & Bacon Green Beans</p>	<p>BREAKFAST 7 Hot & Cold Cereal, Blueberry Pancakes, Crispy Bacon</p> <p>LUNCH Baked Falafel with Tahini Dressing and Israeli Salad</p> <p>DINNER Turkey Sandwich & Potato Salad</p>	<p>BREAKFAST 1 Hot & Cold Cereal, Scrambled Eggs, Corned Beef Hash</p> <p>LUNCH Breaded Pork Chops Mashed Potatoes Steamed Vegetables</p> <p>DINNER Macaroni and Cheese Butter Peas</p>	<p>BREAKFAST 2 Hot & Cold Cereal, Vegetable Omelette, Sausage, Toast</p> <p>LUNCH Grilled Chicken, Macaroni Salad Vegetables</p> <p>DINNER Sweet Potato Chili Vegetarian Quesadilla</p>	<p>BREAKFAST 3 Hot & Cold Cereal, Blueberry Muffin, Seasonal Fruit, Cottage Cheese</p> <p>LUNCH Turkey and Gravy, Baked Sweet Potato, Cranberry Relish</p> <p>DINNER Banh Mi Sandwich Classic Niçoise Salad</p>
<p>BREAKFAST 4 Hot & Cold Cereal, English Egg Muffin, Hash Browns</p> <p>INDEPENDENCE DAY LUNCH</p> <p>DINNER Bacon & Mushroom Toast Sandwich Carrot Salad</p>	<p>BREAKFAST 5 Hot & Cold Cereal, Sausage Over Easy Eggs, Toast</p> <p>LUNCH Hearty Goulash Garlic Bread</p> <p>DINNER Waldorf Chicken Sandwich Baked Potato Chips</p>	<p>BREAKFAST 6 Hot & Cold Cereal, Fresh Fruit, Cottage Cheese</p> <p>LUNCH Indian Butter Chicken White Rice and Sautéed Vegetables</p> <p>DINNER Scalloped Potatoes & Bacon Green Beans</p>	<p>BREAKFAST 7 Hot & Cold Cereal, Blueberry Pancakes, Crispy Bacon</p> <p>LUNCH Baked Falafel with Tahini Dressing and Israeli Salad</p> <p>DINNER Turkey Sandwich & Potato Salad</p>	<p>BREAKFAST 8 Hot & Cold Cereal, Sausage Over Easy Eggs, Toast</p> <p>LUNCH Malai Kofta (Indian Meatballs) Sautéed Vegetables</p> <p>DINNER Tomato Basil Grilled Cheese & Cucumber Salad</p>	<p>BREAKFAST 9 Hot & Cold Cereal, Coffee Cake Stewed Sliced Peaches</p> <p>LUNCH English Shepherd's Pie Strawberry Spinach Salad</p> <p>DINNER Chili Beans & House Corn Bread</p>	<p>BREAKFAST 10 Hot & Cold Cereal, Eggs, Toast Pork Link Sausage</p> <p>LUNCH Ginger Glazed Pork Squash & Stuffing</p> <p>DINNER Meatball Soup with Orzo French Dinner Roll</p>
<p>BREAKFAST 11 Hot & Cold Cereal, Apple French Toast, Fresh Seasonal Fruit</p> <p>LUNCH Chicken Cordon Blue Vegetable Medley</p> <p>DINNER Roasted Eggplant & Olive Pasta Strawberry Spinach Salad</p>	<p>BREAKFAST 12 Hot & Cold Cereal, Crispy Bacon Biscuits & Gravy</p> <p>LUNCH BBQ Pork Bowl with Greens Beans over white Rice</p> <p>DINNER Chickpea Chicken Pasta Saltine Crackers</p>	<p>BREAKFAST 13 Hot & Cold Cereal, Cheese Omelette, Hash Browns, Toast</p> <p>LUNCH Sloppy Joe Cole Slaw</p> <p>DINNER Scalloped Potato Ham Casserole Garlic Green Beans</p>	<p>BREAKFAST 14 Hot & Cold Cereal, Chocolate Chip Pancakes, Fresh Seasonal Fruit</p> <p>LUNCH Roasted Turkey, Mashed Potatoes, Vegetable Medley</p> <p>DINNER Italian Sausage Spaghetti, Caesar Salad, Garlic Bread</p>	<p>BREAKFAST 15 Hot & Cold Cereal, Scrambled Eggs Crispy Bacon Toast</p> <p>LUNCH Israeli couscous Salad with Grilled Summer Vegetables</p> <p>DINNER Crab Chef Salad & Crackers</p>	<p>BREAKFAST 16 Hot & Cold Cereal, Morning Danish Yogurt, Fresh Seasonal Fruit</p> <p>LUNCH Lemongrass Cheese Ravioli Tomato Peach Salad</p> <p>DINNER Chef's Grilled Chicken Salad French Roll</p>	<p>BREAKFAST 17 Hot & Cold Cereal, Scrambled Eggs Corned Beef Hash</p> <p>LUNCH Cheese Potato Casserole Greek Salad</p> <p>DINNER Grilled Tuna Sandwich & Fresh Fruit</p>
<p>BREAKFAST 18 Hot & Cold Cereal, Biscuits & Gravy Crispy Bacon</p> <p>LUNCH Punjabi-Style Chole (Chickpea Curry) with Steamed White Rice</p> <p>DINNER Ham Club Sandwich & Potatoes chips</p>	<p>BREAKFAST 19 Hot & Cold Cereal, Scrambled Eggs, Sausage, Toast</p> <p>LUNCH Braised Beef Stew Homemade Biscuits</p> <p>DINNER Salad Trio (Chicken, Tuna, Pasta) House Dinner Roll</p>	<p>BREAKFAST 20 Hot & Cold Cereal, Blueberry Pancakes, Sausage Links</p> <p>LUNCH Traditional Shakshouka with Homemade Bread and Pickled Cucumber</p> <p>DINNER Sweet Potato Chili Vegetarian Quesadilla</p>	<p>BREAKFAST 21 Hot & Cold Cereal, French Toast Fresh Seasonal Fruit</p> <p>LUNCH Salisbury Steak, Mashed Potatoes Garlic Green Beans</p> <p>DINNER House Crab Salad French Dinner Roll</p>	<p>BREAKFAST 22 Hot & Cold Cereal, House Pancakes, Crispy Bacon</p> <p>LUNCH Breaded Pork Chops, Sweet Potatoes Steamed Vegetables</p> <p>DINNER Baked Ziti Caesar salad & Garlic Bread</p>	<p>BREAKFAST 23 Hot & Cold Cereal, Coffee Cake Fresh Seasonal Fruit</p> <p>LUNCH Scalloped Potatoes with Ham Garlic Green Beans</p> <p>DINNER Hearty Chicken Salad French Dinner Roll</p>	<p>BREAKFAST 24 Hot & Cold Cereal, Scrambled Eggs and Hash Browns</p> <p>LUNCH Pineapple Ham, Sweet Mashed Potatoes, Green Beans</p> <p>DINNER Turkey Club Sandwich Cottage Cheese n Fruit</p>
<p>BREAKFAST 25 Hot & Cold Cereal, Eggs in a Blanket, Corned Beef Hash</p> <p>LUNCH Pasta Beef Bologna Garlic Bread Caesar Salad</p> <p>DINNER Baked Pizza Bread & fresh chef Salad</p>	<p>BREAKFAST 26 Hot & Cold Cereal, Sausage French Toast</p> <p>LUNCH Grilled Chicken, Carrot Salad Baked Potato</p> <p>DINNER New York Hot Dog, Seasoned Fries, Caramelized Onions</p>	<p>BREAKFAST 27 Hot & Cold Cereal, Chorizo with Eggs and Toast</p> <p>LUNCH Stuffed Peppers Fresh Coleslaw</p> <p>DINNER Grilled Ham Cheese Sandwich Cottage Cheese n Slice Peaches</p>	<p>BREAKFAST 28 Hot & Cold Cereal, Biscuits & Gravy Crispy Bacon</p> <p>LUNCH Mama's Meatloaf, Mashed Potatoes, Mixed Vegetables</p> <p>DINNER Pastrami Sandwich Tater Tots</p>	<p>BREAKFAST 29 Hot & Cold Cereal, Scrambled Eggs, Corned Beef Hash</p> <p>LUNCH Breaded Pork Chops Mashed Potatoes Steamed Vegetables</p> <p>DINNER Macaroni and Cheese Butter Peas</p>	<p>BREAKFAST 30 Hot & Cold Cereal, Vegetable Omelette, Sausage, Toast</p> <p>LUNCH Grilled Chicken, Macaroni Salad Vegetables</p> <p>DINNER Sweet Potato Chili Vegetarian Quesadilla</p>	<p>BREAKFAST 31 Hot & Cold Cereal, Blueberry Muffin, Seasonal Fruit, Cottage Cheese</p> <p>LUNCH Turkey and Gravy, Baked Sweet Potato, Cranberry Relish</p> <p>DINNER Banh Mi Sandwich Classic Niçoise Salad</p>