Sunday Monday Tuesday Wednesday Thursday Friday Saturday BREAKFAST 2
Hot & Cold Cereal, Hash Browns, Sunny **BREAKFAST BREAKFAST BREAKFAST BREAKFAST BREAKFAST BREAKFAST** 4 Hot & Cold Cereal, Scrambled Eggs. Hot and Cold Cereals, Egg and Hash Hot & Cold Cereals. Coffee Cake. Hot & Cold Cereal, Biscuits & Gravv Hot & Cold Cereal, Scrambled Eggs Hot & Cold Cereal, Scrambled Eggs Bacon, Blueberry Pancakes, Bananas Side Up Eggs, Sausages, Grapes Brown Casserole, Bacon, Orange Slices Cottage Cheese with Slice Peaches, Bake, Bacon, Plain Yogurt with Diced Bacon, Banana Muffins Banana Pancakes, Sausages Prunes, Sliced Pears LUNCH LUNCH LUNCH Sausages Cottage Cheese w/ Blueberries Fruit Cocktail Pineapple Ham w/ Garlic Mashed Grilled Honey Mustard Chicken Dijon Pork Chops, Baked Sweet Potato, **LUNCH LUNCH LUNCH LUNCH** Potato & Gravy, Sweet Potato & Carrot Mixed Vegetables Sautéed Mushrooms w/ Bell Peppers Seasoned Baked Fish, Sour Cream, Beef Stroganoff, Spring Salad Spaghetti w/ Meatballs **Baked Country Ranch Chicken Thigs** Soup, Glazed Carrots, Poached Pear w/ Steamed White Rice and Onions Caesar Salad, Garlic Bread Roasted Potato, Fresh Coleslaw Sautéed Potatoes w/ Spinach Garlic Bread **Chocolate Chip Cookies** Vanilla Pudding Carrot & Walnut Pudding Banana Crème Pie Chocolate Sauce Apple Pie **Brownies** DINNER **DINNER** DINNER DINNER **DINNER** DINNER **DINNER** Tomato Soup, Grilled Ham & Cheese Baked Rigatoni, Garlic Bread, Chicken Noodle Soup Cheese Broccoli Soup, Oyster Crackers Pork Stew Creamy Cauliflower Soup Taco Casserole Sandwich, Peach Cobbler Carrot Raisin Salad Chef Salad Dinner Rolls **Chocolate Caramel Self-Saucing** Cilantro White Rice Saltine Crackers Lemon Pudding Winter Apple Crumble Pudding Pineapple Upside Down Cake Cherry Cobbler Carrot Cake New Year's Day Hot & Cold Cereal, Corned Beef Hash, 12 **BREAKFAST** BREAKFAST **BREAKFAST BREAKFAST BREAKFAST** 13 **BREAKFAST** 10 Hot & Cold Cereal, Eggs, Bacon Hot & Cold Cereal, Vegetable Omelet, Hot & Cold Cereal, French Toast, Hot & Cold Cereal, Eggs Benedict Hot & Cold Cereal Hot & Cold Cereal Scrambled Eggs, Bacon, Sausage Danish Bread, Sliced Peaches Bacon, Sausages Butter Toast Bread, Scrambled Eggs Scrambled Eggs w/ Cheese, Bacon Bacon and Spinach Omelet, Tater Tots Bacon, Sausage, Toast Grapes and Orange Slices LUNCH Yogurt w/ Diced Prunes Cottage Cheese w/ Sliced Bananas Biscuits, Sausage, Strawberry Yogurt Sausage, Sliced Pears Grapes and Orange Slices Stuffed Peppers **LUNCH** LUNCH LUNCH LUNCH LUNCH LUNCH Sweet & Sour Chicken Salisbury Steak w/ Mushroom Gravy Sausage Bake with Potatoes and Gravy Pulled Chicken and Spinach Lasagna Potato Leek Soup **BBO Chicken** Shepherd's Pie Steamed White Rice, Vegetable Stir Fry Steamed White Rice Parmesan Mashed Potatoes, Garlic Steamed Broccoli Roasted Red Pepper Soup Strawberry Spinach Salad Chef's Salad Green Beans. Blueberry Muffins Cherry Pie w/ Ice Cream **Red Velvet Cupcakes** Cheese & Rice Casserole Chef's Salad Vanilla Pudding Apple Pie DINNER **DINNER** DINNER DINNER Rice Pudding Apple Pie DINNER Grilled Ham and Cheese **Ground Turkey Enchiladas** Cheese Quesadilla, Refried Beans **DINNER** DINNER Chicken Cornbread Casserole Corn Chowder Butternut Squash Soup, Oyster Crackers Grilled Turkey Sandwich Vegetables Medley Home made Salsa, Sour Cream Sloppy Joes, Potato Fries Grilled Hotdog Sandwich w/ Glazed Grilled Cheese Sandwich Bread and Butter Pudding Onions, Split Pea Soup, Vanilla Pudding Chocolate Cake Lemon Pudding Carrot Cake Pound Cake Cranberry Cake Hot & Cold Cereal, Egg and Avocado
Breakfast Sandwich BREAKFAST 16

Hot & Cold Cereal, Raisin Bread French BREAKFAST 17 Hot & Cold Cereal, Banana Bread Muffin, 19 **BREAKFAST BREAKFAST BREAKFAST BREAKFAST** Hot & Cold Cereal, Sausage and Egg Hot & Cold Cereal, Biscuits & Gravv Hot & Cold Cereal, House Pancakes Hot & Cold Cereal, Lemon Cake Toast, Sunny Side Up Eggs, Bacon Scrambled Eggs, Bacon Bake, Bacon, Plain Yogurt with Diced Bacon, Egg and Sausage Omelet Ham and Egg Omelet, Bacon Casserole, Bacon Fruit Cocktail Sliced Bananas Mandarin Oranges Prunes, Sliced Pears Blueberry Yogurt Sliced Peaches Yogurt w/ Diced Prunes LUNCH LUNCH LUNCH LUNCH LUNCH LUNCH LUNCH Baked Ziti and Sausage Breaded Pork Chops, Cauliflower Rice Garlic Herb Pork Loin Beef Stroganoff, Spring Salad Chicken Pot Pie Fettucine Alfredo **Ground Turkey Pasta Bake** Beef and Barley Soup, Vanilla Cake Glazed Carrots and Steamed Green Steamed White Rice Garlic Bread Chef's Salad Strawberry Mandarin Salad Garlic Bread DINNER Peas, Mocha Brownie Sundae Tapioca Pudding Carrot & Walnut Pudding Lemon Pudding Red Velvet Cake Strawberry Jell-O DINNER DINNER DINNER Baked Beans w/ Shredded Pork **DINNER DINNER DINNER** Tomato Basil Soup Corn Bread Egg Salad Sandwich White Bean and Sausage Stew Pork Stew Baked Mac and Cheese Taco Casserole Tuna Melt Sandwich Cesar Salad Savory Pumpkin and Carrot Soup Cilantro White Rice Cheese Broccoli Soup Carrot Raisin Salad Chicken Meatball Sliders Gingerbread Cake **Chocolate Chip Cookies** Chocolate Pudding Carrot Cake **Cherry Cobbler** Cherry Cobbler Pound Cake 22 BREAKFAST 24

Hot & Cold Cereal, Corned Beef Hash, BREAKFAST 28
Hot & Cold Cereal, Scrambled Eggs 23 BREAKFAST 26
Hot & Cold Cereal, Hash Browns, Sunny **BREAKFAST BREAKFAST BREAKFAST BREAKFAST** Hot & Cold Cereal, Eggs, Bacon Hot & Cold Cereals, Coffee Cake, Hot & Cold Cereal, Hot & Cold Cereal, Eggs Benedict Cottage Cheese with Slice Peaches, Danish Bread, Sliced Peaches Banana Pancakes, Sausages Scrambled Eggs w/ Cheese, Bacon Butter Toast Bread, Scrambled Eggs Side Up Eggs, Sausages, Grapes Bacon, Sausages Biscuits, Sausage, Strawberry Yogurt Cottage Cheese w/ Sliced Bananas Yogurt w/ Diced Prunes Fruit Cocktail Sausages **LUNCH LUNCH** Grilled Honey Mustard Chicken LUNCH LUNCH LUNCH LUNCH Residents' Birthday Party LUNCH Seasoned Baked Fish, Sour Cream, Sausage Bake with Potatoes and Gravy Salisbury Steak w/ Mushroom Gravy Pizza (Provided by Activities Dept.) **BBO Chicken** Mixed Vegetables Baked Country Ranch Chicken Thigs Steamed White Rice Sautéed Potatoes w/ Spinach Parmesan Mashed Potatoes, Garlic Steamed White Rice Chef's Salad Roasted Potato, Fresh Coleslaw Steamed Broccoli Green Beans, Blueberry Muffins Cheese & Rice Casserole Vanilla Pudding **Red Velvet Cupcakes** Apple Pie Cherry Pie w/ Ice Cream Banana Crème Pie DINNER Rice Pudding DINNER DINNER DINNER DINNER DINNER Ground Turkey Enchiladas Baked Rigatoni, Garlic Bread, DINNER Cheese Broccoli Soup, Oyster Crackers Cheese Quesadilla, Refried Beans Corn Chowder Taco Casserole Sloppy Joes, Potato Fries Chocolate Caramel Self-Saucing Home made Salsa, Sour Cream Vegetables Medley Chef Salad **Grilled Turkey Sandwich** Carrot Raisin Salad Bread and Butter Pudding Puddina Pound Cake Carrot Cake Lemon Puddina Chocolate Pudding Cherry Cobbler BREAKFAST 29

Hot and Cold Cereals, Egg and Hash BREAKFAST 31
Hot & Cold Cereal, Scrambled Eggs 30 Yorkshire Village - Menu for January 2023 **BREAKFAST** Hot & Cold Cereal, French Toast, Scrambled Eggs. Bacon, Sausage Brown Casserole, Bacon, Orange Slices Bacon, Banana Muffins Grapes and Orange Slices LUNCH Cottage Cheese w/ Blueberries "To improve is to change; to be perfect is to change often." Dijon Pork Chops, Baked Sweet Potato LUNCH LUNCH Sautéed Mushrooms w/ Bell Peppers Sweet & Sour Chicken Spaghetti w/ Meatballs and Onions Steamed White Rice. Vegetable Stir Frv Caesar Salad, Garlic Bread Chocolate Chip Cookies Apple Pie **Brownies** - Winston Churchill -DINNER DINNER DINNER Chicken Noodle Soup Grilled Ham and Cheese Creamy Cauliflower Soup Dinner Rolls Butternut Squash Soup, Oyster Crackers Saltine Crackers Winter Apple Crumble Chocolate Cake Pineapple Upside Down Cake