	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>*</b>	BREAKFAST Hot & Cold Cereal, Eggs Waffles, Bacon, Sausage Fruits, Yogurt LUNCH Hearty Chicken Noodle Soup with Ritz Crackers, Dessert DINNER Pizza Pasta Bake with Veggies, Dessert	BREAKFAST Hot & Cold Cereal Eggs, Pancakes, Bacon Sausage, Fruits, Yogurt LUNCH Lasagna Soup (topped with ricotta cheese & parsley) with Ritz Crackers Dessert DINNER Chicken Pot Pie with Roasted Veggies. Dessert	BREAKFAST Hot & Cold Cereal, Raisin Bread Eggs, Bacon, Sausage, Yogurt, Fruits LUNCH Cream Chicken & Dumplings Soup with Ritz Crackers, Dessert DINNER Baked Chicken with Mac & Cheese, Cabbage, Dessert,	BREAKFAST Hot & Cold Cereal, French Toast Eggs, Bacon, Sausage, Yogurt, Fruits LUNCH Beefy Tomato Soup with Grilled Cheese, Dessert DINNER Baked Ham with Stuffing & Veggies Dessert	BREAKFAST Hot & Cold Cereal Oatmeal, Eggs, Hash Browns Bacon, Sausage, Fruits LUNCH Creamy Clam Chowder with Ritz Crackers, Dessert DINNER Chicken Lo Mein with Egg Roll, Dessert	BREAKFAST Hot & Cold Cereal Oatmeal, English Muffins, Fruits, Eggs Bacon, Sausage, Yogurt, Prunes LUNCH Steak with Mashed Potatoes & Gravy, Veggies, Dessert DINNER BBQ Chicken, Scallop Potatoes & Veggies. Dessert	BREAKFAST  Hot & Cold Cereal, Oatmeal  Bagels, Eggs, Sausage, Yogurt, Fruit  LUNCH  Loaded Baked Potato Soup (topped with bacon & cheese) Ritz Crackers  Dessert  DINNER  Braised Roast in Gravy with Mac & Cheese, Veggies, Dessert
	BREAKFAST Hot & Cold Cereal, Eggs, Cinnamon Rolls, Bacon, Sausage, Fruits LUNCH Meatball Soup with Ritz Crackers Dessert DINNER Beef & Broccoli over Rice Dessert	BREAKFAST Hot & Cold Cereal, Hash Browns Eggs, Bacon, Sausage, Fruits LUNCH White Chicken Chili with Cornbread (topped with green onions, cheese, sour cream) DINNER Enchiladas with Spanish Rice & Roasted Corn, Dessert	BREAKFAST Hot & Cold Cereal, Eggs Omelette, Bacon, Sausage Prunes, Yogurt, Fruits LUNCH Salmon (spinach cream sauce) Mashed Potatoes & Sauteed Veggies, Dessert DINNER Beef Barley Soup with Ritz Crackers, Dessert	BREAKFAST Hot & Cold Cereal, Oatmeal Bagels, Eggs, Bacon, Yogurt, Fruits LUNCH Meatloaf, Mashed Potatoes & Gravy, Veggies, Dessert DINNER Chicken Noodle Soup with Ritz Crackers, Dessert	BREAKFAST Hot & Cold Cereal Biscuits & Gravy, Eggs, Bacon Sausage, Fruits LUNCH Braised Roast in Gravy with Mac & Cheese, Yams, Dessert DINNER Chicken Pot Pie with Roasted Veggies, Dessert	BREAKFAST Hot & Cold Cereal, Eggs French Toast, Bacon, Sausage Yogurt, Prunes LUNCH Beefy Tomato Soup with Grilled Cheese, Dessert DINNER BBQ Pork Chop with Mac & Cheese, Coleslaw, Dessert	BREAKFAST Hot & Cold Cereal, Oatmeal Waffles, Eggs, Bacon, Sausage Yogurt, Prunes, Fruits LUNCH Creamy Clam Chowder with Ritz Crackers, Dessert DINNER Chili Cheese Spaghetti with Chef's Salad, Dessert
	BREAKFAST Hot & Cold Cereal, Bacon English Muffins, Eggs, Sausage Yogurt, Fruits LUNCH Beef Stew over Rice & Cornbread, Dessert DINNER Baked Chicken with Mac & Cheese, Cabbage, Dessert,	BREAKFAST Hot & Cold Cereal, Eggs Sausage, Raisin Bread, Bacon, Fruits LUNCH Salmon with Steamed Rice & Thai Mango Salad, Dessert DINNER BBQ Pork Chop Macaroni & Veggies Dessert	BREAKFAST Hot & Cold Cereal, Oatmeal Bacon, Cinnamon Rolls, Sausage Yogurt, Prunes, Fruits LUNCH Pizza Pasta Bake with Veggies, Dessert DINNER Smothered Chicken with Rice & Veggies, Dessert	BREAKFAST Hot & Cold Cereal, Oatmeal Prunes, Eggs, Bagels, Sausage Bacon, Yogurt, Fruits LUNCH Creamy Chicken & Dumplings Soup with Ritz Crackers, Dessert DINNER Beef & Broccoli over Rice, Dessert	BREAKFAST Hot & Cold Cereal, Omelette Eggs, Bacon, Sausage, Fruits LUNCH Loaded Baked Potato Soup (topped with bacon, sour cream, cheese, green onions) Dessert DINNER Shrimp Lo Mein with Egg Roll Dessert	BREAKFAST Hot & Cold Cereal, Pancakes, Eggs, Bacon Sausage Yogurt, Prunes LUNCH Roasted Turkey with Gravy, Stuffing, Veggies, Dessert DINNER Enchiladas with Spanish Rice & Roasted Veggies, Dessert	BREAKFAST Hot & Cold Cereal Waffles, Eggs Bacon, Sausage Fruits LUNCH Steak with Mashed Potatoes & Gravy, Veggies, Dessert DINNER Chicken Pot Pie with Veggies, Dessert Winter Begins
	BREAKFAST Hot & Cold Cereal, Oatmeal Eggs, Hash Browns, Bacon, Sausage Yogurt, Prunes LUNCH Lasagna Soup (topped with ricotta cheese & parsley) with Grilled Cheese, Dessert DINNER BBQ Chicken with Macaroni &	BREAKFAST Hot & Cold Cereal Pancakes, Eggs, Blueberry Muffins Bacon, Sausage, Fruits LUNCH Meatloaf with Mashed Potatoes & Gravy, Veggies, Dessert DINNER Pizza Pasta Bake with Veggies, Dessert	BREAKFAST Hot & Cold Cereal, Eggs, French Toast, Bacon, Sausage LUNCH Shrimp Etoufee over Rice, Dessert DINNER White Chicken Chili with Cornbread (topped with green onions, sour cream, cheese) Dessert  Christmas Eve	BREAKFAST Hot & Cold Cereal, Oatmeal Eggs, Waffles, Bacon, Sausage Yogurt, Prunes, Fruits LUNCH DELICIOUS CHRISTMAS FEAST DINNER Curry Chicken with White Rice & Veggies, Dessert Christmas / Hanukkah begins	BREAKFAST Hot & Cold Cereal, Oatmeal Raisin Bread, Sausage, Eggs, Bacon Yogurt, Prunes, Fruit LUNCH RESIDENTS PIZZA PARTY DINNER Meatball Soup with Crackers, Dessert  Kwanzaa	BREAKFAST Hot & Cold Cereal, Oatmeal English Muffins, Eggs, Bacon, Sausage Yogurt, Prunes LUNCH Beef Barley Soup with Ritz Crackers, Dessert DINNER BBQ Pork Chop with Mac & Cheese,	BREAKFAST Hot & Cold Cereal, Bagels Eggs, Bacon, Sausage Yogurt, Prunes, Fruit LUNCH Hearty Chicken Noodle Soup Ritz Crackers, Dessert DINNER Salmon with Steamed Rice & Thai Mango Salad, Dessert
	Veggies, Dessert  BREAKFAST Hot & Cold Cereal,  Eggs, French Toast, Bacon, Sausage LUNCH Shrimp Etoufee over Rice, Dessert DINNER  White Chicken Chili with Cornbread (topped with green onions, sour cream, cheese) Dessert	BREAKFAST Hot & Cold Cereal Oatmeal, Eggs, Hash Browns Bacon, Sausage, Fruits LUNCH Creamy Clam Chowder with Ritz Crackers, Dessert DINNER Chicken Lo Mein with Egg Roll, Dessert	BREAKFAST Hot & Cold Cereal, Eggs Omelette, Bacon, Sausage Prunes, Yogurt, Fruits LUNCH Steak with Mashed Potatoes & Gravy, Veggies, Dessert DINNER  Meatball Soup with Crackers, New Yester		rkshire Village De	cabbage, Dessert	nu September 1988
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