

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	9:00 Chair Yoga Streaming 10:00 Sing Along to Love Songs 10:30 Pumpkin Spice Cocoa 11:00 Ring Toss Challenge 1:30 Bingo 2:30 World Vegan Day: Salad Bar 3:30 Wellness Discussion Topic: Alzheimer's Awareness 6:00 Comedy Film	9:00 Garden Stroll 9:30 Get Funky! Music & Dance 10:00 Iceland Volcanoes 11:00 Active Faith: Spiritual Music & Message 1:30 Fall Landscape Series 2:30 Gratitude Cards 3:30 Day of the Dead Memories 6:00 Classic Hollywood Cinema	9:00 Flex and Stretch 10:00 Harpist Melodies 11:00 Group Word Matching Challenge 1:30 Bingo 2:30 Mad Hatter Hat Creations 3:30 Alice in Wonderland Tea Party 6:00 Musical Theatre Productions: Grease	9:00 Counting Lizards Walk 9:30 Affirmations and Yoga 10:00 Lets Give 'em Something to Pumpkin About 11:00 Relax to Patsy Cline 1:30 Bingo 2:30 Cider Happy Hour 3:30 Turkey Gratitude Wreath 6:00 Thursday Sitcom Night: Santa Clarita Diet	9:00 Morning Walk 9:30 Funny Thankful Poem 10:30 Gobble Gobble Stretch 11:00 Feed Me Pi 1:30 Bingo 2:30 Peach Tea and Cookies 3:15 Guess in 10: Candy 6:00 Friday Family Matinee: Yes Day	9:00 Sunshine Walk 9:30 Stretch & Go 10:30 Ring Toss 11:00 Egg & Spoon Race 1:30 Bingo 2:30 Happy Crafts: Gratitude Rocks 3:15 Name that Tune 6:00 Saturday Sitcom: No Good Nick
9:00 Morning Flexibility 9:30 Break Every Chain Worship 10:00 Tree Ring Toss 11:00 Iceland Fun Facts 1:30 Bingo 2:30 Mobile Beauty Spa 4:00 Name that Tune 6:00 November Classics: The Princess Switch Daylight Saving Time Ends	9:00 Chair Aerobics Streaming 10:00 Country Karaoke 10:30 Hot Cocoa Bar 11:00 Tabletop Sling Puck 1:30 Bingo 2:30 Cappuccino in the Parlor 3:30 Tongue Twister Challenge 6:00 Comedy Film	9:00 Village Walkabout 9:30 Strength Circuit 10:00 Iceland's Capital: Reykjavic 11:00 Spirit Movers: Spiritual Music & Message 1:30 Bingo 2:30 Thankful Tree 3:30 Scategories 6:00 Classic Hollywood Cinema	9:00 Flex and Stretch 10:00 American Songbook Sing Along 11:00 Guess whats in the bag? 1:30 Mission Home Health: Autumn Craft Project 2:30 Finding Fossils 3:30 Jurassic Park Comparisons 6:00 Musical Theatre Productions: Pitch Perfect	9:00 Morning Walk 10:00 Veteran's Day Discussion 11:00 Scramble 1:30 BINGO 2:30 National Origami Day 4:00 Feed me Pi 6:00 Thursday Sitcom Night: Santa Clarita Diet Veterans Day	9:00 Rise and Shine Stroll 9:30 Ring Toss 10:30 Shuffle Board 11:00 Elvis Presley Live 1:30 Rock n Roll Sing Along 2:30 Turkey Snack Bag 3:15 Math Brain Teasers 6:00 Friday Family Matinee: Finding Ohana	9:00 Group Walk 9:30 Weight Training 10:30 Carmel Apples 11:00 Topix Conversations 1:30 Shuffle Board 2:30 Glam-Ma Makeover 3:15 What's in the Box? 6:00 Saturday Sitcom: No Good Nick
9:00 Smell the Roses Walk 9:30 Bless The Lord Worship 10:00 Bean Bag Toss 11:00 Favorite Thanksgiving Memory 1:30 Bingo 2:30 Facials & Tea 4:00 Best of Bobby Pickett 6:00 November Classics: Enola Holmes	9:00 Chair Yoga Streaming 10:00 Sing Along to Elvis 10:30 Pumpkin Spice Cocoa 11:00 Ring Toss Challenge 1:30 Bingo 2:30 Fabric Design 101: Odd Socks 3:30 Ways To Recycle 6:00 Comedy Film	9:00 Garden Stroll 9:30 Dance Aerobics 10:00 Iceland History 11:00 Active Faith: Spiritual Music & Message 1:30 Bingo 2:30 Button Tree Painting 3:30 Best Advice for Building and Maintaining Friendships 6:00 Classic Hollywood Cinema	9:00 Flex and Stretch 10:00 Classic Karaoke 11:00 Feed Me Pi 1:30 Bingo 2:30 Gratitude Cards 3:30 Best Thankful Short Stories 6:00 Musical Theatre Productions:	9:00 Counting Lizards Walk 9:30 Chair Yoga 10:00 Turkey Toss 11:00 Guess the Creature 1:30 Bingo 2:30 Shoot the Turkey! 3:30 Thankful Group Poetry 6:00 Thursday Sitcom Night: Santa Clarita Diet	9:00 Morning Stroll 9:30 Weight Training 10:30 Best of I Love Lucy 11:00 Algebros 1:30 Bingo 2:30 Fall Scattergories 3:15 Music Discussion: 80's Era 6:00 Friday Family Matinee: Beethoven	9:00 Body Scan Meditation 9:30 Step & Sculpt 10:30 Hangman: Autumn 11:00 Stevie Wonder on the Mic 1:30 Wood Paintings 2:30 Country Sing Off 3:15 Mindful Meditation 6:00 Saturday Sitcom: No Good Nick
9:00 Walk and Roll 9:30 Hillsong Worship 10:00 Table Tennis 11:00 Train of Thought 1:30 Bingo 2:30 Beauty Bomb Spa 4:00 Breath and Focus 6:00 November Classics: Okja	9:00 Chair Aerobics Streaming 10:00 Country Karaoke 10:30 Hot Cocoa Bar 11:00 Tabletop Sling Puck 1:30 Bingo 2:30 Salt Watercolor Painting 3:30 Self Love Ideas 6:00 Comedy Film	9:00 Village Walkabout 9:30 Strength Circuit 10:00 Iceland Climate Change 11:00 Spirit Movers: Spiritual Music & Message 1:30 Bingo 2:30 Espresso at the Parlor 3:30 Best Use of Pumpkins 6:00 Classic Hollywood Cinema	9:00 Flex and Stretch 10:00 Singing Stars 11:00 Group Word Matching Challenge 1:30 Bingo 2:30 Hanukkah Decor 3:30 Home for the Holidays 6:00 Musical Theatre Productions: Foot Loose	9:00 Macy's Day Thanksgiving Parade 10:00 Homemade Pumpkin Loaves 10:30 Game On: Thanksgiving Edition 11:00 Country Music Karaoke 1:30 Bingo 2:30 Gobble Up Happy Hour 3:00 Crafted Turkey Decor 4:00 Men's Club: Turkey Bowl 6:00 Thanksgiving Holiday Film	9:00 Sunshine Walk 9:30 Beginner Karate 10:30 Charades 11:00 Vinyl Record Jams 1:30 Bingo 2:30 Nut Cracker Challenge 3:15 Fall Scramble 6:00 Friday Family Matinee: The Parent Trap	9:00 Garden Tour 9:30 Patio Volleyball 10:30 Crystal Beaders 11:00 Name the Cities 1:30 Toss & Talk 2:30 Turkey Painting 3:15 Deep Breaths Cool Down 6:00 Saturday Sitcom: No Good Nick
9:00 Step It Up! 9:30 Amazing Grace Worship 10:00 Hanukkah Traditions 11:00 Sufganiyot - Jelly Donuts 1:30 Bingo 2:30 Daydreamer Spa 4:00 Hanukkah Songs & Candle Lighting 6:00 November Classics: Dances with Wolves Hanukkah Begins	9:00 Chair Yoga Streaming 10:00 Sing Along to Elvis 10:30 Pumpkin Spice Cocoa 11:00 Ring Toss Challenge 1:30 Bingo 2:30 Fabric Design 101: Thanksgiving Socks 3:00 Hanukkah Decorating 6:00 Comedy Film	9:00 Garden Stroll 9:30 Dance Aerobics 10:00 Iceland History 11:00 Active Faith: Spiritual Music & Message 1:30 Bingo 2:30 Pumkin Spice Parlor 3:30 Best Advice for Building and Maintaining Friendships 6:00 Classic Hollywood Cinema				