

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:00 Rise & Shine Stroll 9:30 Stretch & Go 10:00 Jokes on the Mic. 11:00 Music Therapy -Smooth Jazz 1:30 BINGO 2:30 Décor Committee Planning 4:00 Name the Cities in CA 6:00 Stand Up: Gabriel Iglesias I'm Sorry For What I Said When I Was Hungry International Joke Day	9:00 Morning Walk 9:30 Strength Circuit 10:00 Pop Karaoke 11:00 Positive Affirmations 1:30 Charades 2:30 Summer Blooms Club 4:00 Name That Tune 6:00 Feature Films: On Golden Pond	9:00 Dance Fitness 9:30 Stretch 10:00 BINGO 11:00 Heads Up 1:30 Snow Cones at the Parlor 2:30 Sing Along to Country Pop 4:00 Creating Music - Instruments 6:00 Saturday Sitcom: Workin' Moms
9:00 Morning Flexibility 9:30 Hillsong Worship 10:00 Backyard Baseball 11:00 Guess in 10 - Presidents 1:30 BINGO 2:30 4th of July Painting: Flag Creations 4:00 Independence Day Facts 6:00 Sunday Cinema: Forest Gump Independence Day	9:00 Garden Stroll 9:30 Positive Affirmations 10:00 Patio Volleyball 11:00 Women Empowerment Circle 1:30 Old School Classics Karaoke 2:30 Gardening Club 4:00 White Board Games 6:00 Comedy Series: Workin' Moms	9:00 Morning Stroll 9:30 Positive Affirmations 10:00 BINGO 11:00 Chair Yoga 1:30 Ring Toss & Corn Hole 2:30 Sing Along to 60's Classics 4:00 Emotional Support Group 6:00 Tuesday Classic: Always Be My Maybe	9:00 Walk and Talk 9:30 Sayings Match Up 10:00 Stretch & Go 11:00 Worship Hour 1:30 Hip Hop Zumba 2:30 National Strawberry Sundae in the Parlor 4:00 Prayer Group 6:00 Western Wednesday: The Wind Happy Birthday Joseph!	9:00 Morning Affirmations 9:30 Chair Yoga 10:00 Trivia - Favorite Food 11:00 Sing Along to Roger Miller 1:30 BINGO 2:30 Splash of Color - Fans 4:00 Charades 6:00 Music to the Ear: The Voice	9:00 Rise and Shine Stroll 9:30 Backyard Baseball 10:00 Old School Classic Karaoke 11:00 Jewelry Design 1:30 Splash of Color - Clay 2:30 Summer Blooms Club 4:00 Women's Circle - Check Up 6:00 Feature Films: As Good As It Gets Happy Birthday Shirley!	9:00 Let's Get Active 9:30 Math Brain Teasers 10:00 BINGO 11:00 Resistant Band Stretch 1:30 Concentration 2:30 Go Go Karaoke 4:00 Scattergories 6:00 Saturday Sitcom: Workin' Moms
9:00 Smell the Roses Walk 9:30 Amazing Grace Worship 10:00 Racquetball 11:00 Guess in 10 - Cities 1:30 BINGO 2:30 Nails at the Beauty Salon 4:00 Dance Party 6:00 Sunday Cinema: Little Women Happy Birthday Omelda!	9:00 Walking Club 9:30 Disco Dance Party 10:00 Sling Puck 11:00 Women Empowerment Circle 1:30 Singing & Grooving Karaoke 2:30 Gardening Club 4:00 Hangman - Amusement Park 6:00 Comedy Series: Workin' Moms Happy Birthday David!	9:00 Morning Affirmations 9:30 Stretch n Go 10:00 BINGO 11:00 Yoga & Breath 1:30 Splash of Color - Cow 2:30 Country Karaoke 4:00 Emotional Support Group 6:00 Tuesday Classic: Dolemite Is My Name	9:00 Walk and Roll 9:30 Tic-Tac-Toe Tournament 10:00 Strength Circuit 11:00 Gossip Sing Along 1:30 Scattergories - Israel 2:30 Snow Cones in the Parlor 4:00 Prayer Group 6:00 Western Wednesday: Lefty Brown	9:00 Power Walk 9:30 Motivating Affirmations 10:00 Zumba - Salsa 11:00 Favorite Summer Memory... 1:30 BINGO 2:30 Scattergories 4:00 Math Brain Teasers 6:00 Music to the Ear: The Voice	9:00 Morning Stroll 9:30 Yin Yoga 10:00 Hip Hop Karaoke 11:00 How did you know your spouse was the one... 1:30 Spinning Parachute 2:30 Summer Blooms Club 4:00 Topic Hat 6:00 Feature Films: And So It Goes	9:00 Body Scan Meditation 9:30 Hangman: Plants 10:00 BINGO 11:00 Garden Exploration 1:30 Poker 2:30 Singing Stars 4:00 Lottery Tickets Scratch Off 6:00 Saturday Sitcom: Workin' Moms
9:00 Walk and Roll 9:30 Worship Choir 10:00 Backyard Football 11:00 Math Brain Teasers 1:30 BINGO 2:30 Guess in 10 - Food Around the World 4:00 Mindful Meditation 6:00 Sunday Cinema: Gifted Happy Birthday Mary Ellis!	9:00 Morning Sunshine Chats 9:30 Park Baseball 10:00 Name the Cities in CA 11:00 Women Empowerment Circle 1:30 Karaoke Sing Off 2:30 Gardening Club 4:00 Guided Meditation 6:00 Comedy Series: Workin' Moms	9:00 Nature Walk 9:30 Positive Reminders 10:00 BINGO 11:00 Guided Meditation 1:30 Chair Yoga 2:30 R&B Karaoke 4:00 Emotional Support Group 6:00 Tuesday Classic: 13 Going on 30 Happy Birthday Jackie!	9:00 Let's Get Active! 9:30 Guess in 10 - Exotic Animals 10:00 Shuffle Board 11:00 Worship Sing Along 1:30 Math Brain Teasers 2:30 Snow Cones in the Parlor 4:00 Prayer Group 6:00 Western Wednesday: Nomadland	9:00 Cycling Class 9:30 Racquetball 10:00 Guess the Resident 11:00 Bean Bag Toss 1:30 BINGO 2:30 Ice Cram Parlor Hangout 4:00 Dance Party 6:00 Music to the Ear: The Voice	9:00 Sunshine Walk 9:30 Dance Party 10:00 Sing Along to Frankie Valli 11:00 Guess the Resident 1:30 Women's Photoshoot: Gorgeous Grandma Day 2:30 Summer Blooms Club 4:00 Breath Focus 6:00 Feature Films: Where Did You Go, Bernadette	9:00 Garden Tour 9:30 Zumba 10:00 BINGO 11:00 3 words to describe me.. 1:30 Cowboy Photoshoot 2:30 Country Karaoke 4:00 Roy Orbison Classics 6:00 Saturday Sitcom: Workin' Moms
9:00 Step It Up! 9:30 Amazing Grace Worship 10:00 Ring Toss 11:00 Pictionary 1:30 BINGO 2:30 Daydreamer Spa 4:00 Sing Along Elvis Presley 6:00 Sunday Cinema: Burlesque	9:00 Morning Amble 9:30 Strength Circuit 10:00 Sayings Match Up 11:00 Women Empowerment Circle 1:30 Country Song Sing Off 2:30 Gardening Club 4:00 Guess in 10 - Countries 6:00 Comedy Series: Workin' Moms Happy Birthday Donna!	9:00 Resistance Band Workout 9:30 Motivating Affirmations 10:00 BINGO 11:00 Concentration 1:30 Splash of Color - Summer 2:30 Sing Along to Grease 4:00 Emotional Support Group 6:00 Tuesday Classic: Bring it On	9:00 Morning Walk 9:30 Guess in 10 - Around Town 10:00 Baseball 11:00 Karaoke 1:30 Jewelry Class 2:30 Snow Cones in the Parlor 4:00 Prayer Group 6:00 Western Wednesday: A Million Ways to Die in the West	9:00 Lets Get Active! 9:30 Beach Ball Volleyball 10:00 Music Discussion - Jimmie Davis 11:00 Backyard Football 1:30 BINGO 2:30 Splash of Color - Clay 4:00 Mindful Meditation 6:00 Music to the Ear: The Voice Happy Birthday Gloria!	9:00 Stretch & Go 9:30 Guess the Word 10:00 Mandala Art 11:00 Worship Sing Along 1:30 Art Appreciation: Amrita Sher- Gil 2:30 Snow Cones in Parlor 4:00 Prayer Group 6:00 Feature Films: Hancock	9:00 Garden Tour 9:30 Strength Circuit 10:00 BINGO 11:00 Shuffle Board 1:30 Sunset Watercolor 2:30 Sing It All Out! 4:00 Dance Party 6:00 Saturday Sitcom: Workin' Moms