

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
8:30 Praise & Worship 9:00 Happy Feet Sunday 10:00 Hydration Cart and Snacks 10:15 Strike A Pose: Yoga Class 10:30 Nails 11:00 Room Visits 1:00 Bingo 2:00 Color w/ Me 3:00 Happy Hour- Punch and Snacks 4:00 Netflix	8:30 Monday Scavenger Walk 10:00 Hydration Cart and Snacks 10:00 Indoor Bowling 10:30 Puzzles and Games 11:00 Arts & Craft 1:00 Bingo 2:00 Connect Four 2:30 Balloon Tennis 3:00 Happy Hour- Margarita Day 4:00 Netflix: Yes Day Groundhog Day	8:30 Strolling Tuesday Walks 10:00 Hydration Cart and Snacks 10:00 Ping Pong 10:30 Classic Karaoke Sing-Along 11:00 Color with Me 1:00 Bingo 2:00 Leg Race 2:30 Story Time! 3:00 Happy Hour- Iced Tea and Snacks 4:00 Movie Madness	8:30 Wild Walk Wednesdays 10:00 Hydration Cart and Snacks 10:00 Melodies w/ Paula - 10:30 Neck & Shoulder Massages 11:00 Silent Basketball 1:00 Bingo 2:00 Trivia Game 2:30 Balloon Tennis 3:00 Happy Hour- Margarita Day 4:00 Spotlight Soiree	8:30 Sole Searching Thursday 10:00 Hydration Cart and Snacks 10:15 Arts & Crafts 11:00 Self Love Affirmations 1:00 Bingo 2:00 Color w/ Me 2:00-4:00 Tech Thursdays 3:00 Happy Hour- Punch and Snacks 3:00 Music Therapy (1940s) 4:00 Netflix: movie choice	8:30 Friday Fun Walk 10:00 Hydration Cart and Snacks 10:15 Puzzles and Games 11:00 Exercise w/ me 1:00 Bingo 2:00 Connect Four 2:30 Stroll Down Memory Lane 3:00 Happy Hour- Margarita Day 3:00 Music Therapy (1980s) 4:00 Tubi anyone?	8:30 Bubble Walk Saturdays 10:00 Hydration Cart and Snacks 10:15 Ping Pong 11:00 Silent Basketball 1:00 Bingo 2:00 Trivia Game 2:30 Balloon Tennis 3:00 Happy Hour- Iced Tea and Snacks 3:00 Music Therapy (1970s) 4:00 Movie Hour
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