

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

April 2022

ASSISTED LIVING CALENDAR

<p>9:00 Bend & Stretch 3 10:00 Praise & Worship Music 11:00 Reminiscing: <i>Raise Your Hand If You Remember...?</i> 11:30 Spring Finger Painting 1:00 Bingo 2:00 Balloon Tennis 2:30 Find The Hidden Words 3:00 Stacking Stones 4:00 Stroll Down Memory Lane</p>	<p>9:00 Been There, Run That! 4 10:00 Feel Good with the Garden Club 10:30 Hangman 11:00 Coffee & Coloring 1:00 Bingo 2:00 Bowling 2:30 Chair Yoga 3:00 Beat The Box (<i>Math Skills</i>) 4:00 Color The Mandala</p>	<p>9:00 Baby Got Track 5 10:00 Balloon Tennis 10:30 Chair Dancing Exercise 11:00 Pool Noodle Golf Course 1:00 Bingo 2:00 Sudoku 2:30 Sensory Exercise 3:00 Living The Moment 4:00 Stacking & Balancing Rocks - <i>Enhance Motor Skills</i></p>	<p>9:00 Chafing The Dream 6 10:00 Music Therapy with Paula 11:00 Solve The Maze 1:00 Bingo 2:00 Beyond Crayons - <i>Adult Coloring</i> 2:30 Self Love Affirmations 3:00 Western Wednesday 4:00 Jenga Happy Birthday Lena</p>	<p>9:00 Stretch & Go! 7 9:30 Morning Flexibility 10:30 Family Story Time 11:00 Ring Toss Challenge 1:00 Bingo 2:00 Virtual Guided Meditation 2:30 Chef Demo: <i>Empanada</i> 3:00 Word Boggle 4:00 Name that Tune World Health Day</p>	<p>9:00 Garden Stroll 1 10:00 Get Funky! Music & Dance 10:30 Chair Yoga 11:00 Train of Thought 1:00 Bingo 2:00 Tea Time 2:30 Mindful Meditation 3:00 Math Brain Teasers 4:00 Name that Tune Fool's Day</p>	<p>9:00 Walk & Roll 2 10:00 Bean Bag Toss 10:30 Balloon Tennis 11:00 Bowling 1:00 Bingo 2:00 Virtual Guided Meditation 3:00 Soothing Scents 3:30 Ice Cream Social 4:00 Word Game Challenges</p>
<p>9:00 Village Stroll 10 10:00 Praise & Worship Music 10:30 Self Love Affirmations 11:00 Everyday is Sundae 1:00 Bingo 2:00 Yin Meets Yang (<i>meditation class</i>) 3:00 Balloon Tennis 4:00 Jenga</p>	<p>9:00 Not Fast, Just Furious! 11 10:00 Grow Wiser: Garden Club 10:30 Brush & Paint Nail Painting 11:00 Mind's Eye - <i>Meditation</i> 1:00 Bingo 2:00 Math Brain Teasers 2:30 Bowling 3:00 Balloon Tennis 4:00 Find The Hidden Words Happy Birthday Marolyn & Donna</p>	<p>9:00 Kill-O-Meters 12 10:00 10:30 Color Me Happy 11:00 Sip & Slush - Strawberry Lemonade Slushy Party 1:00 Bingo 2:00 Bean Bag Toss 2:30 Stacking Stones 3:30 Balloon Tennis 4:00 Coloring & Conversation</p>	<p>9:00 Legs Miserables 13 10:00 Music Therapy with Paula 11:00 Balance Yoga 1:00 Bingo 2:00 Wellness Talk: <i>Straight from the Heart</i> 2:30 Classic Karaoke 3:00 Western Wednesday 4:00 Beat The Box (<i>Math Skills</i>) International Day of Pink</p>	<p>9:00 Watch My Stride 14 10:00 Balloon Tennis 10:30 Color & Chill 11:00 Move it. Shake it. Lift it 1:00 Bingo 2:00 Balloon Tennis 2:30 Root Beer Riots 3:00 Stacking Stones 4:00 Color The Mandala Happy Birthday Margarita</p>	<p>9:00 Red Hot Chili Steppers 15 10:00 Bowling 10:30 Mindful Quill - Meditation 11:00 Color Your Cares Away! 1:00 Bingo 2:00 Sudoku 2:30 Word Boggle 3:00 Nailed it! (<i>nail painting</i>) 4:00 Find The Hidden Words Passover</p>	<p>9:00 Time Heels Everything 16 10:00 Easter Egg Decorating 11:00 Strength Training 1:00 Bingo 2:00 Pool Noodle Golf Course 2:30 I Remember That! - <i>1950s Pop Culture Quiz</i> 3:30 Jigsaw Puzzle 4:00 Solve The Maze Happy Birthday Socorro</p>
<p>9:00 Sunshine Walk 17 10:00 Praise & Worship Music 11:00 Tony's Live Music: <i>Brunch</i> 1:00 Bingo 2:00 A Hoppin' Good Time 3:00 Sing A Long 3:30 Sensory Stimulation <i>D.I.Y. Marshmallow Peeps</i> 4:00 Egg Race: Spoon Relay Easter Sunday</p>	<p>9:00 Shaky Soles 18 10:00 Pool Noodle Golf Course 10:30 Just Sprinklers with the Garden Club 11:00 Brush Hour: Rock Painting 1:00 Bingo 2:00 Find The Hidden Words 2:30 Classic Karaoke 3:00 Stacking Stones 4:00 Color The Mandala</p>	<p>9:00 Swift Feet 19 10:00 Memory Lane Therapy 10:30 Chair Exercise 11:00 I Remember That! - Fun Facts & Trivias 1:00 Bingo 2:00 Building Blocks 2:30 Balloon Tennis 3:00 Churned Moments 4:00 Word Boggle</p>	<p>9:00 Walk This Weigh 20 10:00 Music Therapy with Paula 11:00 Chef Demo: Banana Bread 1:00 Bingo 2:00 Balloon Tennis 2:30 Sudoku 3:00 Western Wednesday 4:00 Keeping Brains Stronger for Longer - <i>Brain Teasers</i> National Banana Day</p>	<p>9:00 Tenderfoots 21 10:00 Hangman 10:30 Stack-up Party Cups 11:00 Bowling 1:00 Bingo 2:00 Party in Every Cup - Mango Lemonade Slushy Party 3:00 Say It w/ Color (<i>manicure</i>) 4:00 Stacking & Balancing Rocks - <i>Enhance Motor Skills</i></p>	<p>9:00 Walk-a-holics 22 10:00 Spiritual Bliss: Yoga Class 11:00 Self Love Affirmations 1:00 Bingo 2:00 Bee Pretty: <i>Mud Masks</i> 3:00 Bean Bag Toss 3:30 Balloon Tennis 4:00 Curtain Call - Our Planet by David Attenborough (Netflix) Earth Day</p>	<p>9:00 Stomp The Yard 23 10:00 Name That Love Song 11:00 Unscramble the Word 1:00 Bingo 2:00 Music Therapy 3:00 Garden Picnic: <i>Lavender Tea & Vanilla Tea Cake Cookies</i> 4:00 Jenga Lover's Day Happy Birthday Irma & Peggy</p>
<p>9:00 Dashing Down 24 10:00 Praise & Worship Music 10:30 Balloon Tennis 11:00 Tony's Live Music 1:00 Bingo 2:00 Chair Yoga 2:30 Hangman 3:00 Relish Animal Snap - <i>Flash Card Game</i> 4:00 Solve The Maze</p>	<p>9:00 Feet On Fire!! 25 10:00 Stacking Stones 10:30 Bowling 11:00 Garden Club 1:00 Bingo 2:00 Sudoku 2:30 Jenga 3:00 Spelling Bee! 4:00 Did You Know? - <i>1960s Pop Culture Quiz</i></p>	<p>9:00 Mind Over Miles 26 10:00 Balloon Tennis 10:30 Bean Bag Toss 11:00 Color The Mandala 1:00 Bingo 2:00 Classic Karaoke 3:00 Mirage Nails - <i>Nail Painting Party</i> 4:00 Find The Hidden Words Happy Birthday Carol V.</p>	<p>9:00 Movin' to the Groovin' 27 10:00 Music Therapy with Paula 11:00 Paint to Perfection: Sunflower Painting 1:00 Bingo 2:00 At First Slush - <i>Tropical Slushy Party</i> 3:00 Western Wednesday 3:30 Living the Moment 4:00 Balloon Tennis</p>	<p>9:00 Witness The Fitness 28 10:00 Haiku Poetry - Watercolor & Words 10:30 Chair Yoga 1:00 Bingo 2:00 Tea Time 2:30 Mindful Meditation 3:00 Math Brain Teasers 4:00 Name that Tune National Poetry Reading Day</p>	<p>9:00 Chair Aerobics Streaming 29 10:00 Paus & Vibe: Yoga Class 10:30 Balloon Tennis 11:00 Monthly Birthdays Party 1:00 Bingo 2:00 Resident Council Meeting 3:00 New Resident Happy Hour 4:00 Comedy Film: <i>The Night Before</i> Happy Birthday Elizabeth</p>	<p>9:00 Rapid Heels 30 10:00 Sudoku 10:30 Bowling 11:00 Math Brain Teasers 1:00 Bingo 2:00 Meet Before It Melts 2:30 Pool Noodle Golf Course 3:00 Word Boggle 4:00 Stacking & Balancing Rocks - Enhance Motor Skills</p>